

Advice for wound care after stitches

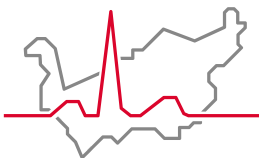
INFORMATIONS FOR THE PARENTS



Hospital Centre of the French-speaking Valais Region
Paediatrics Department / Paediatric emergencies

Your child's wound has just been stitched in our emergency department. Here is some advice on what care you can give for the best possible recovery

Some wounds will need particular follow-up and treatment. In that case, the doctor will give you all the additional information needed.



Hôpital du Valais
Spital Wallis

IN THE FOLLOWING DAYS :

- Keep the wound uncovered, unless otherwise specified.
- Do not touch or soak the wound (no bath, no swimming pool, etc.) until the stitches are taken out.
- Watch out for signs of infections (redness, swelling, fluid discharge, local heat, fever) --> if one of those signs appear, please go see a doctor; ideally your child's pediatrician, otherwise, please call Medgate **(0848 200 300)** that will lead you to the on-call pediatrician.
- Avoid sun exposure.
- Stitches are to be removed on the _____ at your pediatrician's practice.

IN THE FOLLOWING WEEKS :

- After stitch removal and once the wound is fully closed, you can massage the scar once or twice a day with hydrating/oil-based skin cream. That will help break down scar tissue and soften the scar over 1 year.
- Keep the scar out of the sun for 1 year (cover it with a plaster or sunscreen), to minimize permanent coloring.
- If you are unsure about the state of the healing process, please go see your pediatrician.

When can you come to the emergency department in Sion?

We are available to see children between 0 and 16 years old 24h/24 every day of the week.

CONTACT (IN FRENCH)

Centre Hospitalier du Valais Romand

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