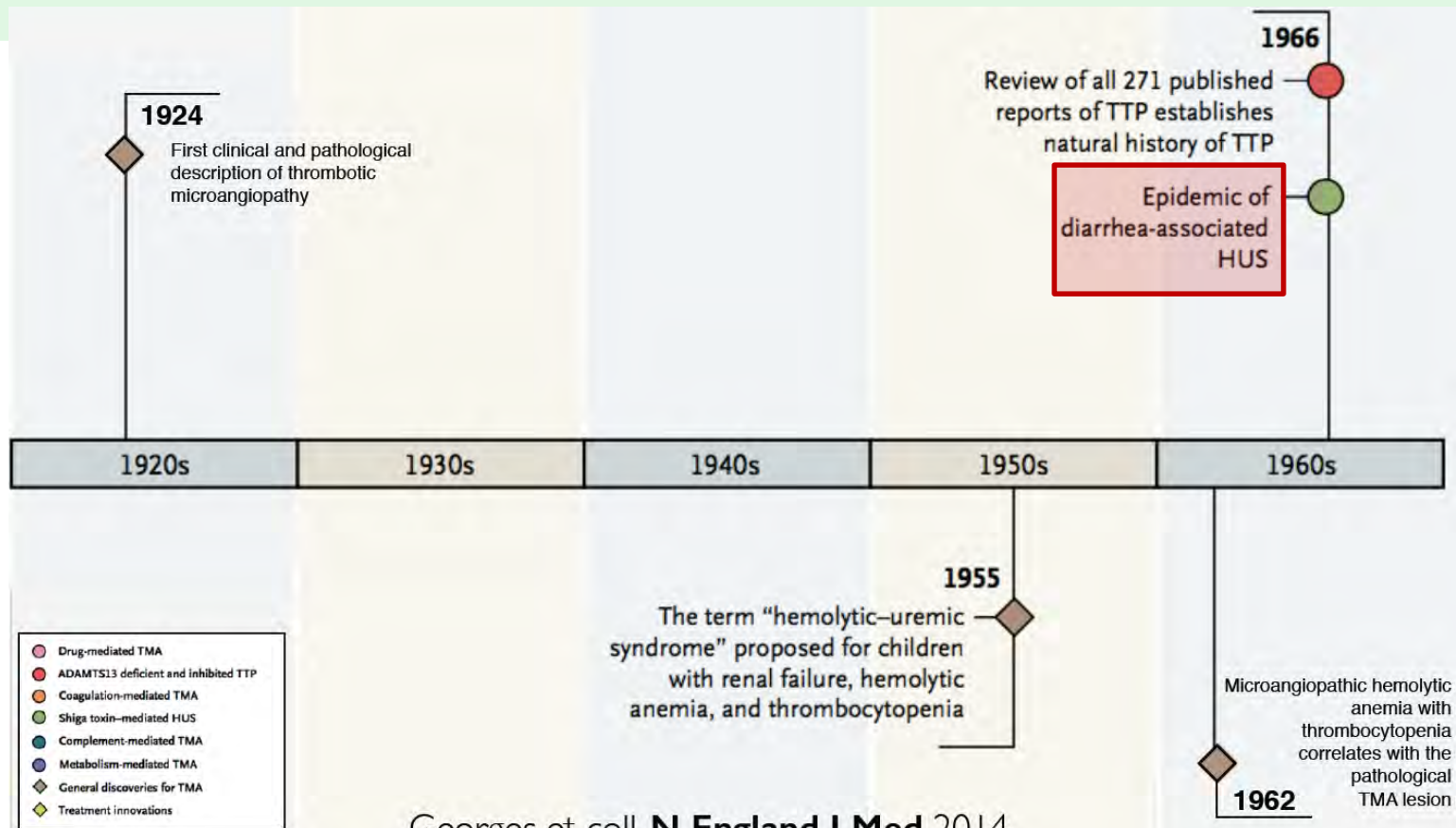


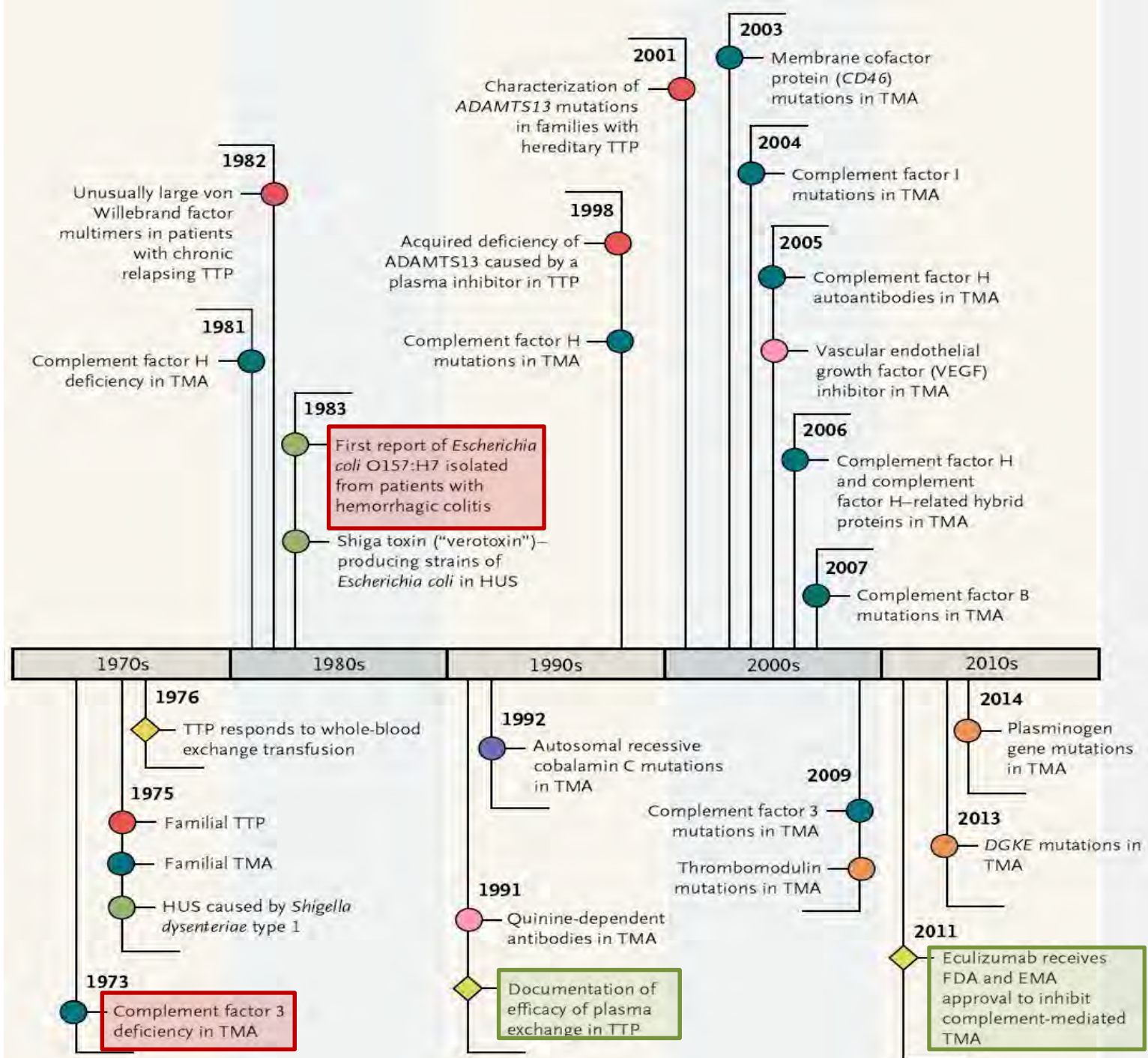
SHU, PTT: MATs and what else ?

Dr Belén Ponte
Médecin adjointe agrégée
Service de néphrologie

Un peu d'histoire...

In 1924, **Moschcowitz** described a 16-year-old girl with weakness, pallor, purpura, and hemiparesis who died after 14 days with cardiac failure. Autopsy revealed hyaline thrombi in terminal arterioles and capillaries throughout most organs, including the kidneys. This report was the first description of TMA, presumably TTP, also called ADAMTS13 deficiency-mediated TMA.





Pour faire simple...

MAT

MicroAngiopathiesThrombotiques

PTT

Purpura Thrombotique Thrombocytopénique

SHU

Syndrome Hémolytique et Urémique

... mais nous allons voir que
c'est un peu plus compliqué !

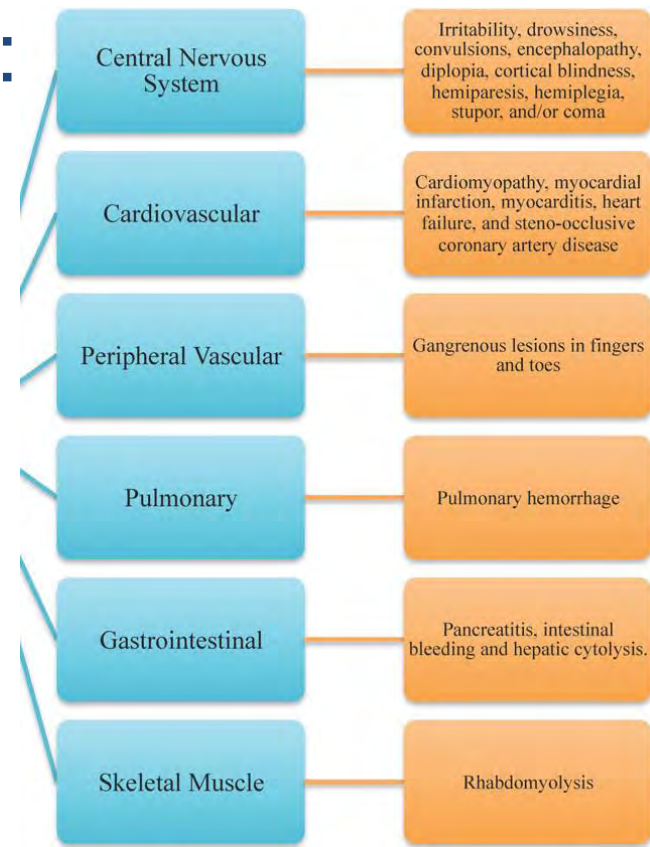
Clinique MATs...

✓ Anémie hémolytique micro-angiopathique

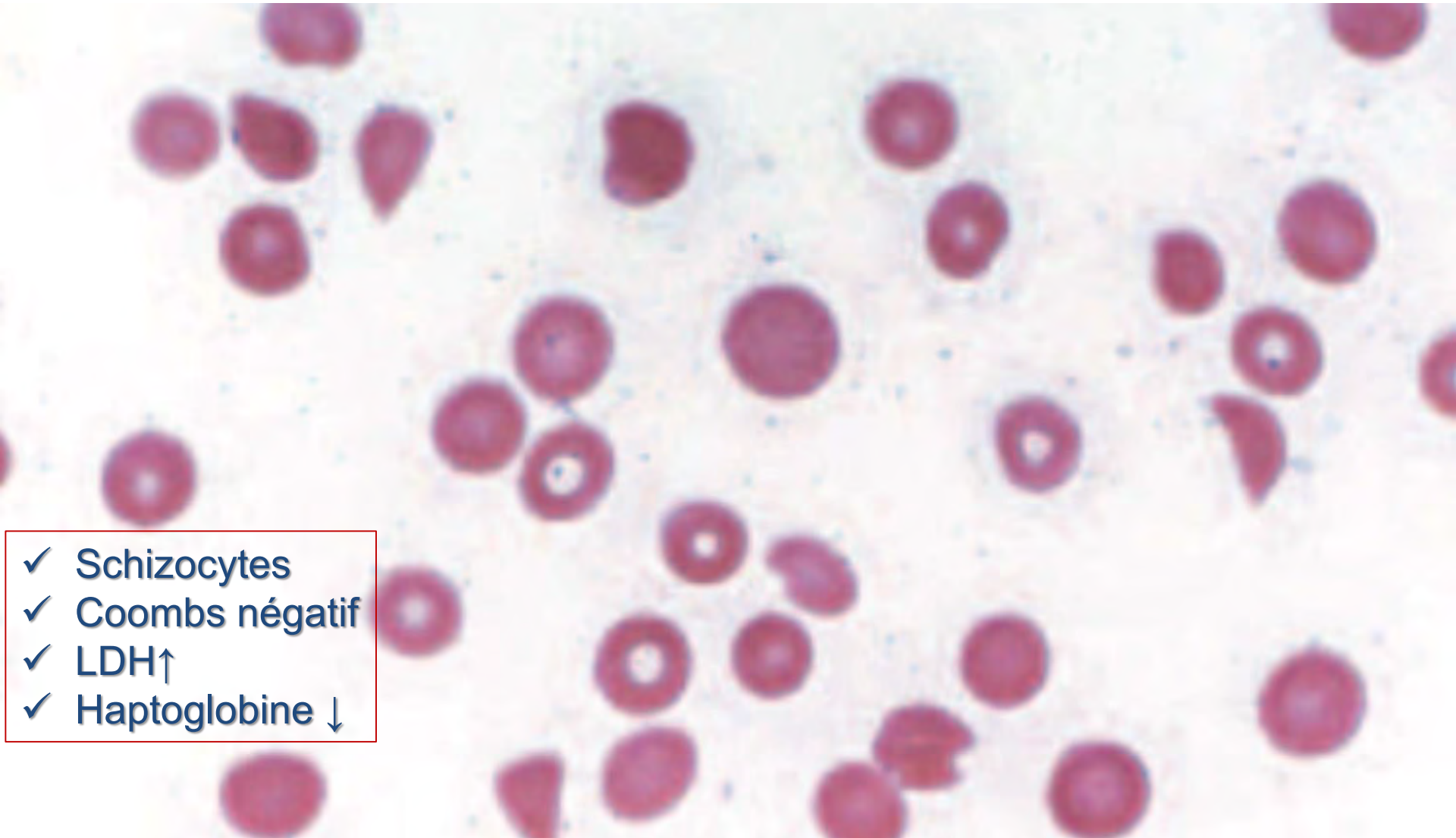
✓ Thrombocytopénie

✓ Atteinte d'organe sur ischémie:

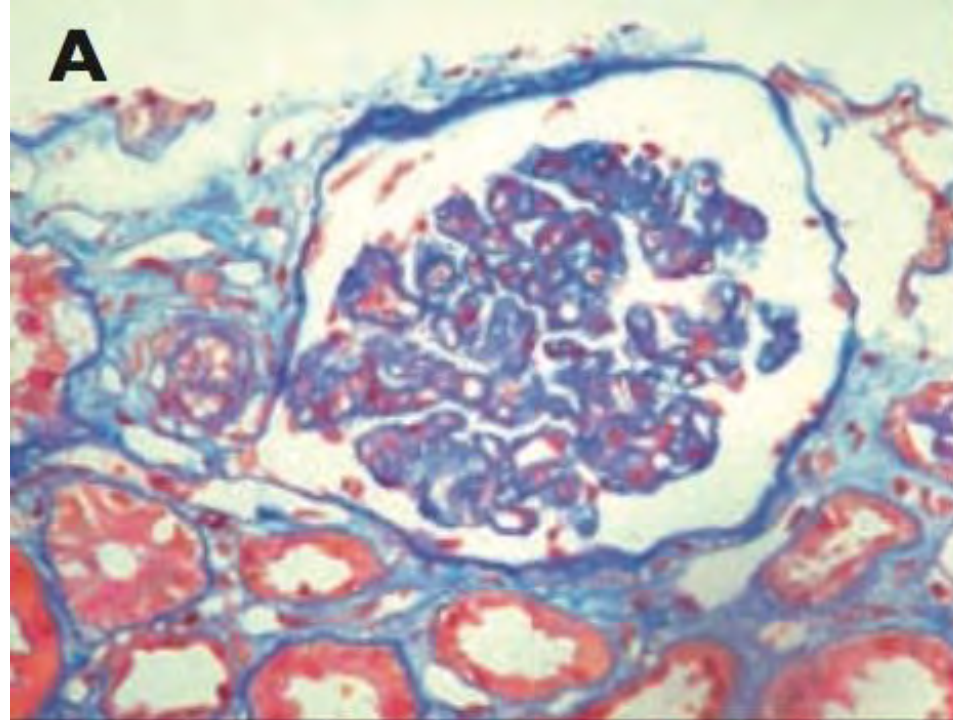
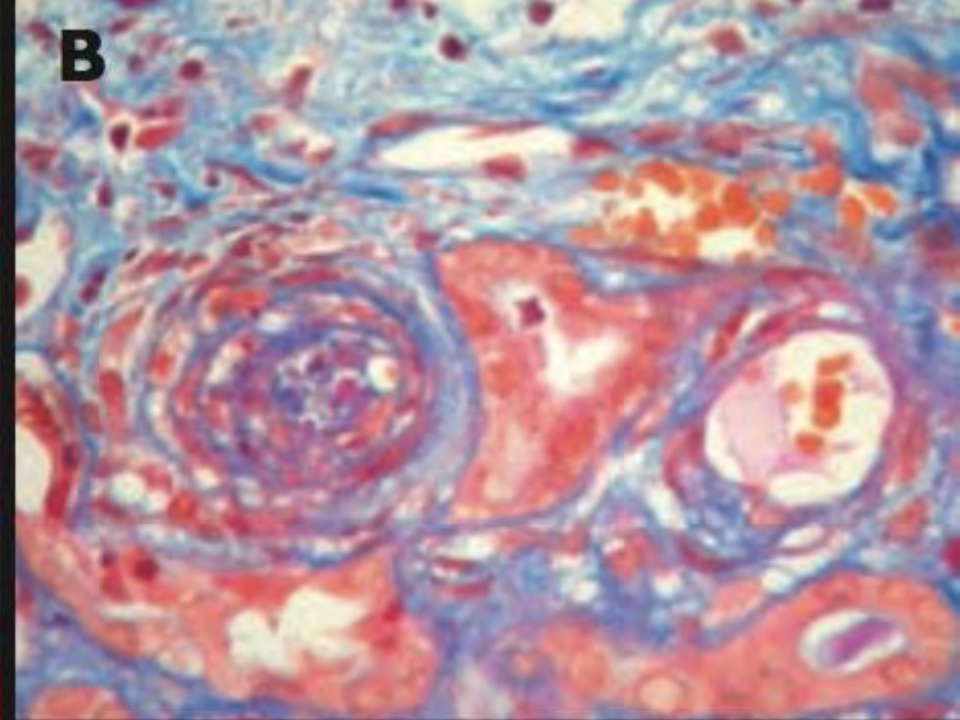
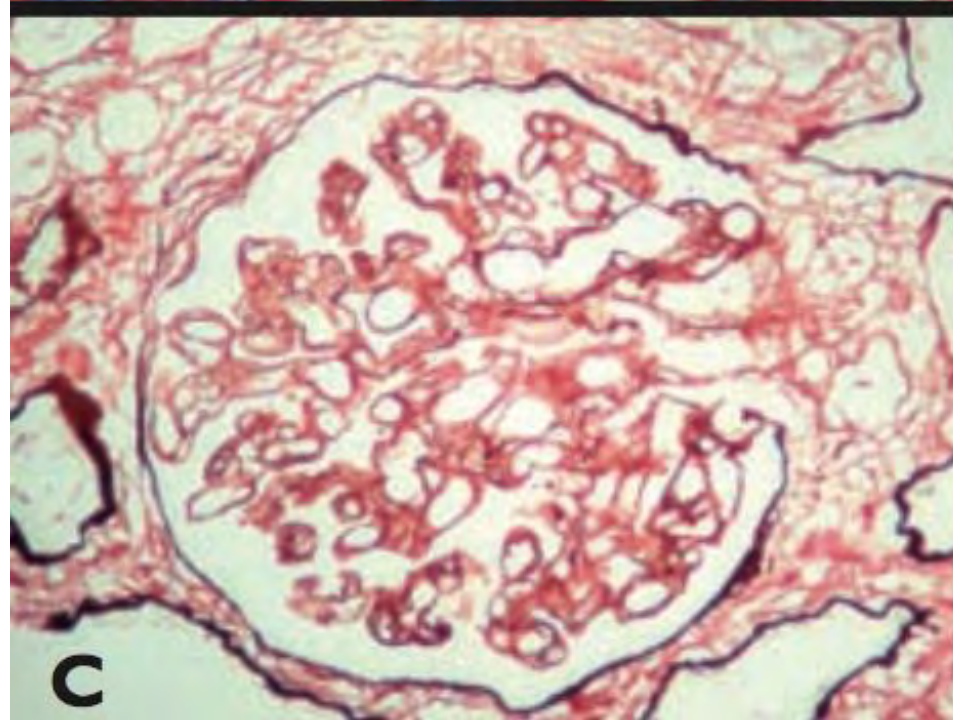
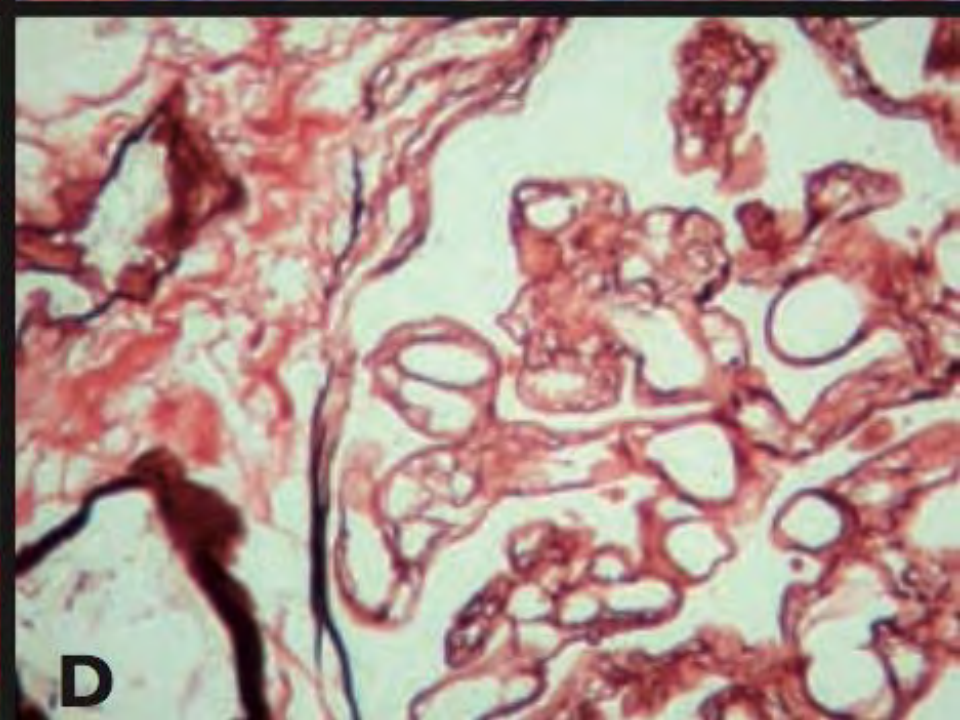
- Rein (IRA, protéinurie)
- Cerveau
- Cœur
- Foie, pancréas
- Poumons
- Yeux, peau



Anémie hémolytique...



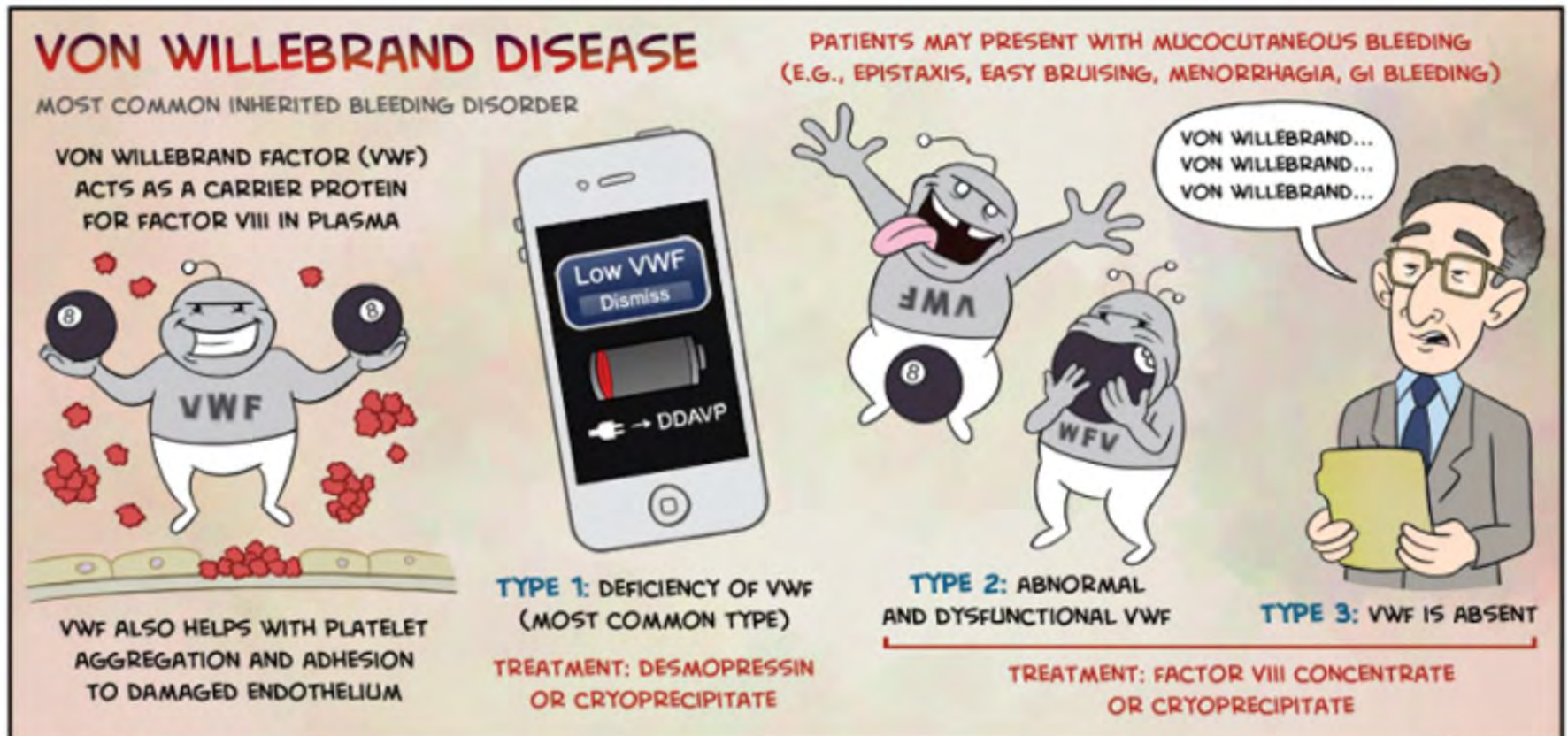
- ✓ Schizocytes
- ✓ Coombs négatif
- ✓ LDH↑
- ✓ Haptoglobine ↓

A**B****C****D**

Purpura Thrombotique Thrombocytopénique

FvW nécessaire à l'agrégation plaquettaire.
Protéine ADAMTS13 clive multimères FvV.

Sans ADAMTS13: multimères → micro-thrombi capillaires + artérioles



Purpura Thrombotique Thrombocytopénique

Forme typique:

EF, atteinte cérébrale, anémie hémolytique, thrombocytopénie, IRA (rare)

✓ Acquis (ac inhibant activité ADAMTS13)

2.9 cas/1mio/an chez adulte

0.1 cas/1mio/an enfant

F+: âge (18-50ans), ethnie africaine, genre féminin

Activité ADAMTS 13 <10% = suggestif!

✓ Héritaire (mutations)

PTT: traitement

- ✓ Echanges plasmatiques avec PFC (PEx)

 - 1-1.5 volume plasma échangé*

 - 5-7 jours de suite afin de voir évolution*

 - selon sévérité 2x/j !*

 - Si pas de disponibilité PEx → infusion PFC

- ✓ Hautes doses stéroïdes

- ✓ Traitement adjuvant:

 - Rituximab: + ↓ nb de PE, - réponse médiane après 10j*

 - ? Dose 375mg/m² 1x/sem , 1g 1x/2sem?*

Syndrome Hémolytique Urémique

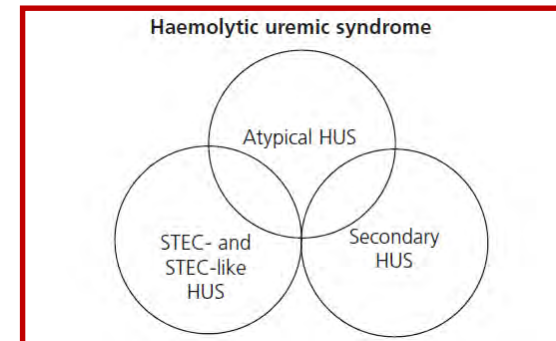
Classiquement distingue Typique vs Atypique

Typique: dans contexte diarrhée, épidémie

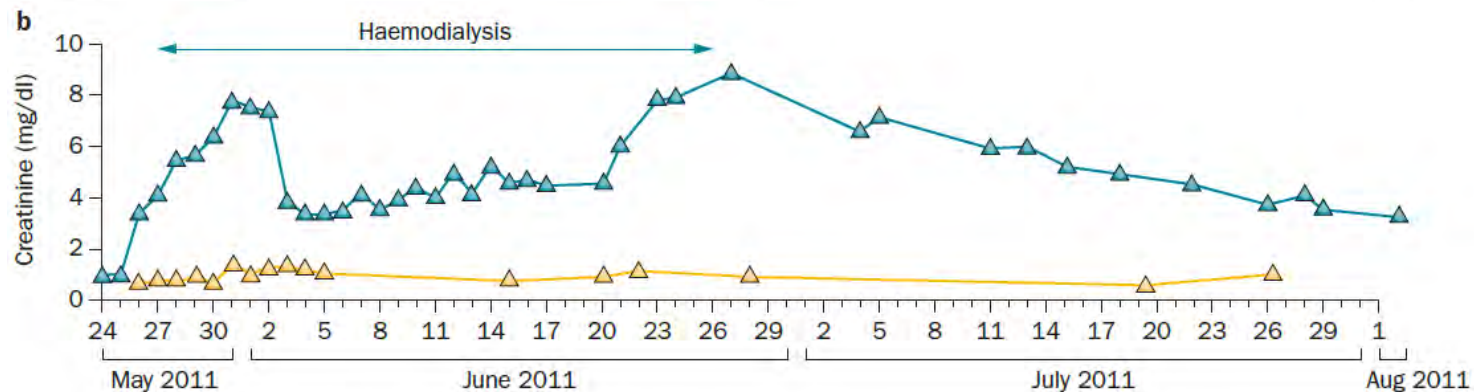
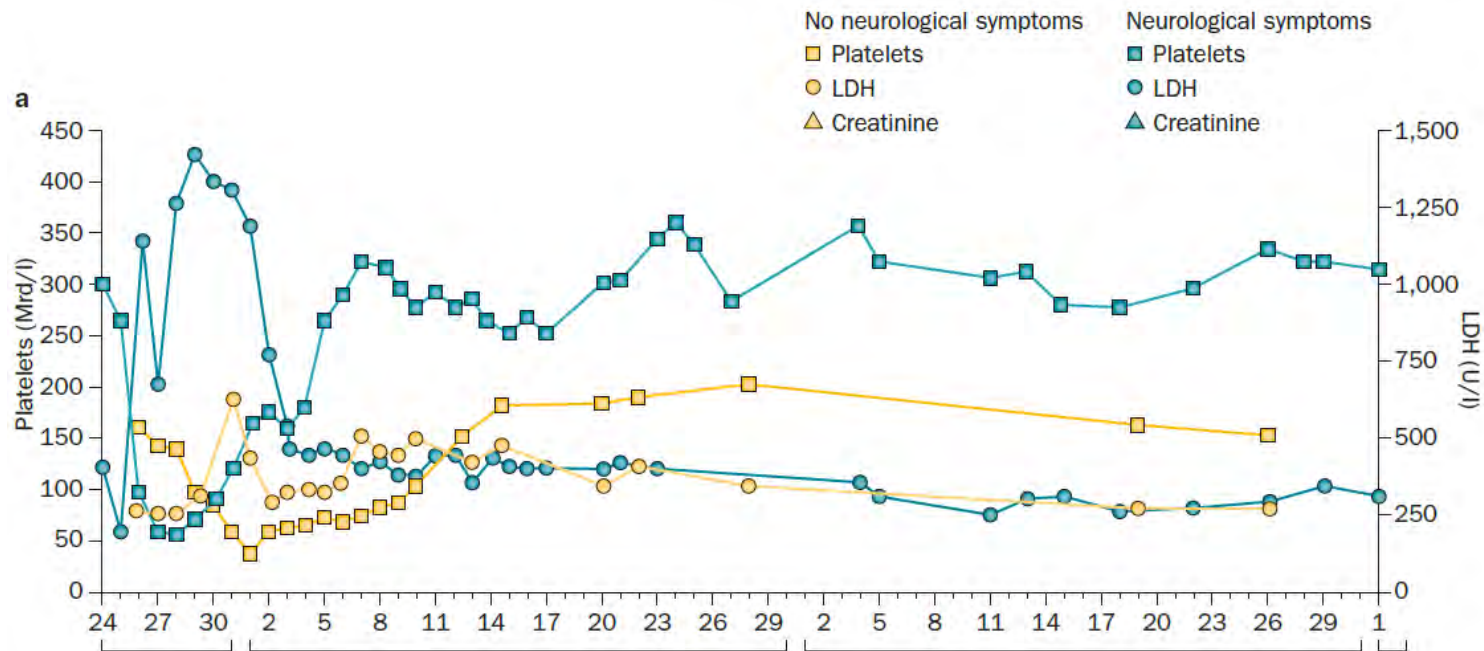
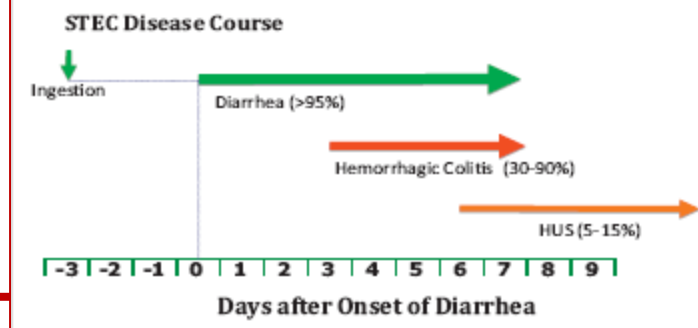
- ✓ Associé principalement à E Coli 0157:H7
- ✓ Autres bactéries entéro-toxiques (S dysenteriae)
 - libération shigatoxines ou shiga-like toxines
 - transportées par PMN jusqu'à cellules endothéliales micro-circulation rénale (tropisme)
 - Activation / mort c. endothéliales → micro-thrombi

Atypique: en dehors de diarrhée

- ✓ Peut être idiopathique ou secondaire



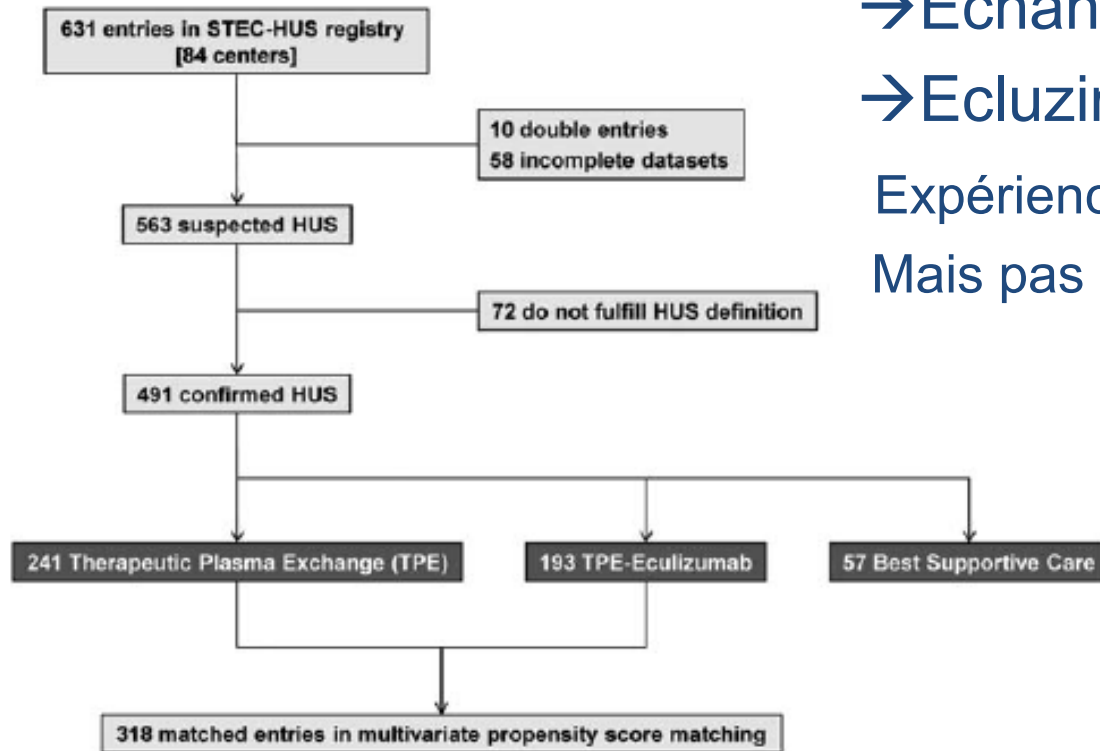
SHU « typique »



SHU « typique »: Traitement

✓ Traitement de soutien!

Dans cas sévères, à discuter mais pas « evidence-based »
et controverses



→Echanges plasmatiques

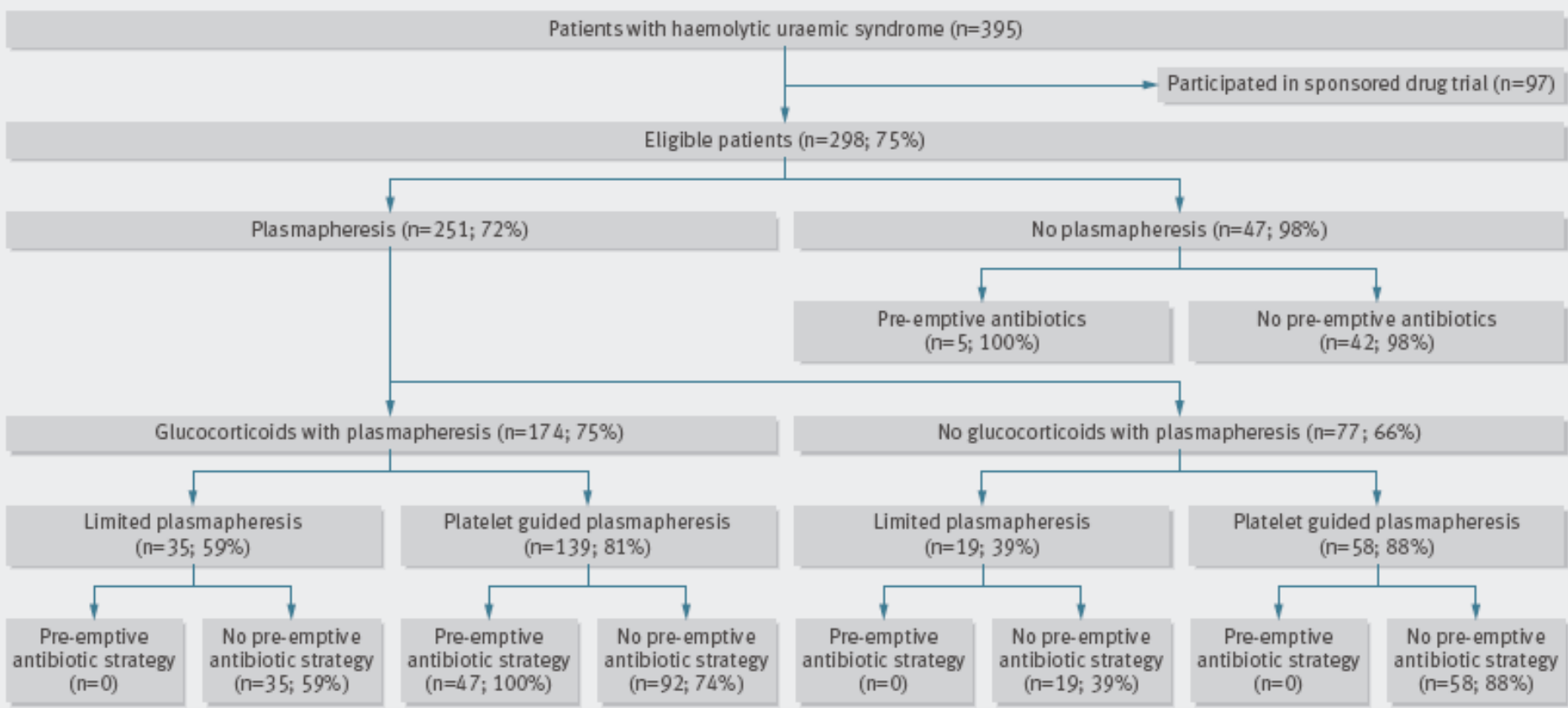
→Eculizumab (inhibiteur C5)

Expérience suite à épidémie 2011 DE,
Mais pas de RCT



Validation of treatment strategies for enterohaemorrhagic *Escherichia coli* O104:H4 induced haemolytic uraemic syndrome: case-control study

Menne J. BMJ 2012.



SHU « atypique »

MAT

Micro**A**ngiopathies**T**hrombotiques

PTT

Purpura **T**hrombotique **T**hrombocytopénique

SHU

Syndrome **H**émolytique et **U**rémique

... mais nous allons voir que
c'est un peu plus compliqué !

Coagulation-mediated
TMA

CIVD
DGKE

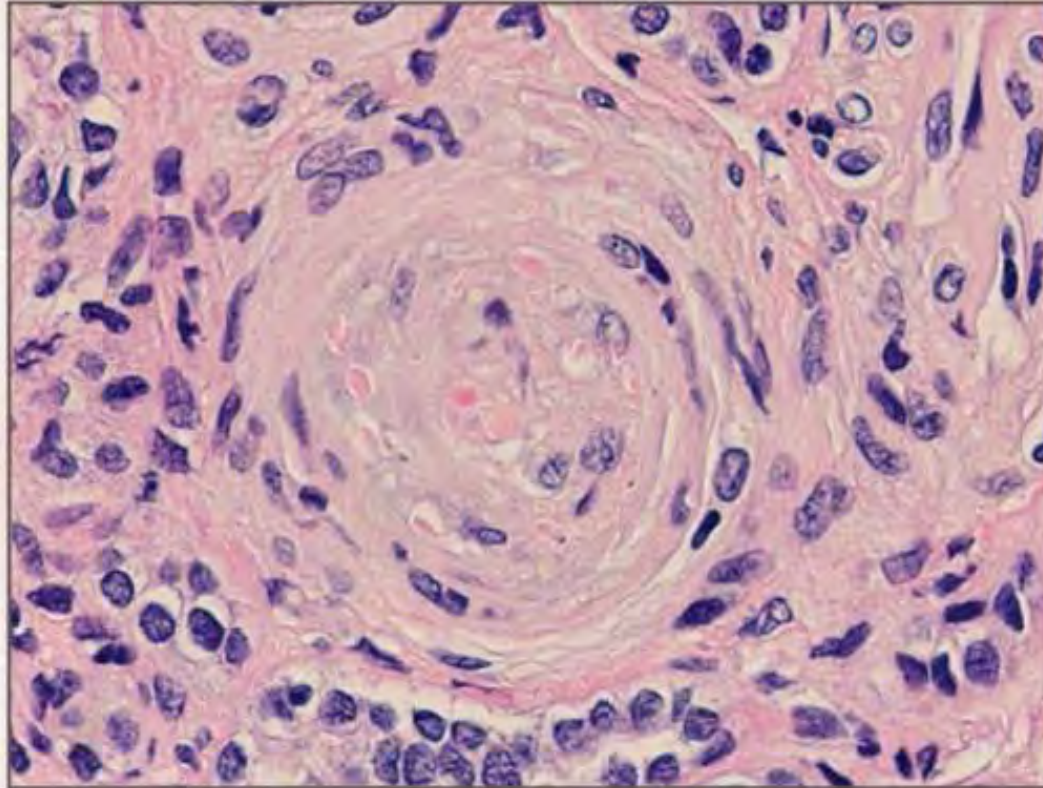
Hereditary TTP

Acquired TTP

Hereditary
complement-mediated TMA

Acquired
complement-mediated TMA

SHU atypique



Drug-mediated TMA
(immune reaction)

Gemcitabine
Quinine

Drug-mediated TMA
(toxic dose-related
reaction)

Tacrolimus
VEGF inhib.

Metabolism-mediated TMA
(cobalamin deficiency)

Autres pathologies peuvent associer anémie hémolytique et thrombopénie: DD!

Systemic infection Strep pneumoniae, H1N1, HIV, CMV, champignons

Systemic cancer

Severe preeclampsia, eclampsia, HELLP syndrome

Severe hypertension

Autoimmune disorders (e.g., systemic lupus erythematosus, systemic sclerosis, antiphospholipid syndrome)

Hematopoietic stem-cell or organ transplantation

! Une condition à risque peut révéler un SHU atypique (grossesse, transplantation...)

HUS with coexisting diseases or conditions

- Haemopoietic stem cell transplantation
- Solid-organ transplantation
- Malignancy
- Autoimmune diseases
- Drugs
- Malignant hypertension
- Pre-existing nephropathy

Infection-induced HUS

- *S pneumoniae*-HUS
- STEC-HUS
- Others (influenza A, H1N1, HIV)

Cobalamin C defect-HUS

Atypical HUS

DGKE-HUS

HUS with dysregulation of the complement alternative pathway

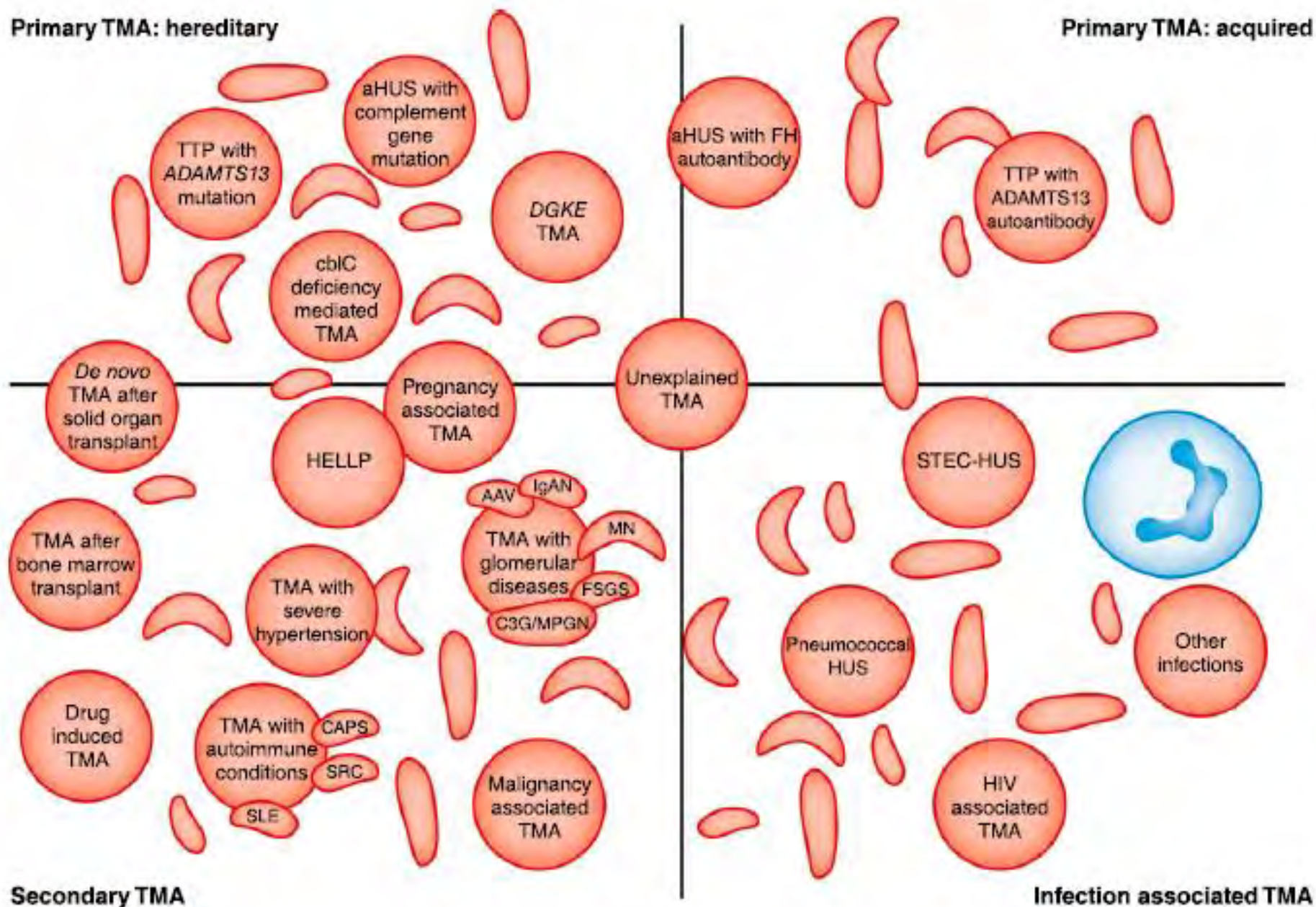
Mutations in *CFH*, *CFI*, *MCP*, *C3*, *CFB*, *THBD*

Anti-*CFH* antibody

HUS without identified complement or DGKE mutation or anti-*CFH* antibody

Primary TMA: hereditary

Primary TMA: acquired



CLINICAL SUSPICION OF TMA*

Organ damage (> 1)

GI

Abdominal pain
Nausea
Vomiting
Diarrhoea
Diarrhoea with blood

CNS

Confusion
Seizures
Stroke
Coma

+

Thrombocytopaenia

PLT consumption

PLT < $150 \times 10^9/L$
or
PLT reduction > 25%

+

Microangiopathic haemolysis

LDH > N.V.
or
Close to the limit of N.V.
(if Hb < N.V. check LDH)
Elevated reticulocytes

If two categories, repeat
test after 24 hours

If three categories, move to
TMA diagnosis confirmation



TMA DIAGNOSIS CONFIRMATION

SCHISTOCYTES	Presence of schistocytes in blood smear (specify % and number/field)
HAPTOGLOBIN	Reduction < N.V.
DIRECT ANTIGLOBULIN (COOMBS) TEST	Negative
COAGULATION	Tests within normal range

Repeat test after
24 hours if both
not present

Please consult a haematologist and /or nephrologist where appropriate

EXCLUDE OTHER CAUSES OF TMA

DIC: prothrombin time and aPTT prolonged; fibrinogen low (or low-normal with infection); D-dimers high; anti-thrombin and protein C low

Evans syndrome, S. pneumoniae HUS, Autoimmune hemolytic anaemia: Positive Coombs test

Drug use: heparin use, alcohol toxicity, ADP- receptor antagonists, GP IIb/IIIa inhibitors, calcineurin inhibitors, mitomycin C, quinine etc.

Disseminated malignancy/bone marrow carcinosis

Organ transplantation, including haematopoietic stem cell transplantation

Others**

If symptoms persist after treatment of one of the above mentioned causes of TMA, consider differential diagnosis of aHUS, STEC-HUS or TTP

TMA DIFFERENTIAL DIAGNOSIS

ADAMTS13 activity < 10%

TTP

ADAMTS13 activity > 10%

aHUS

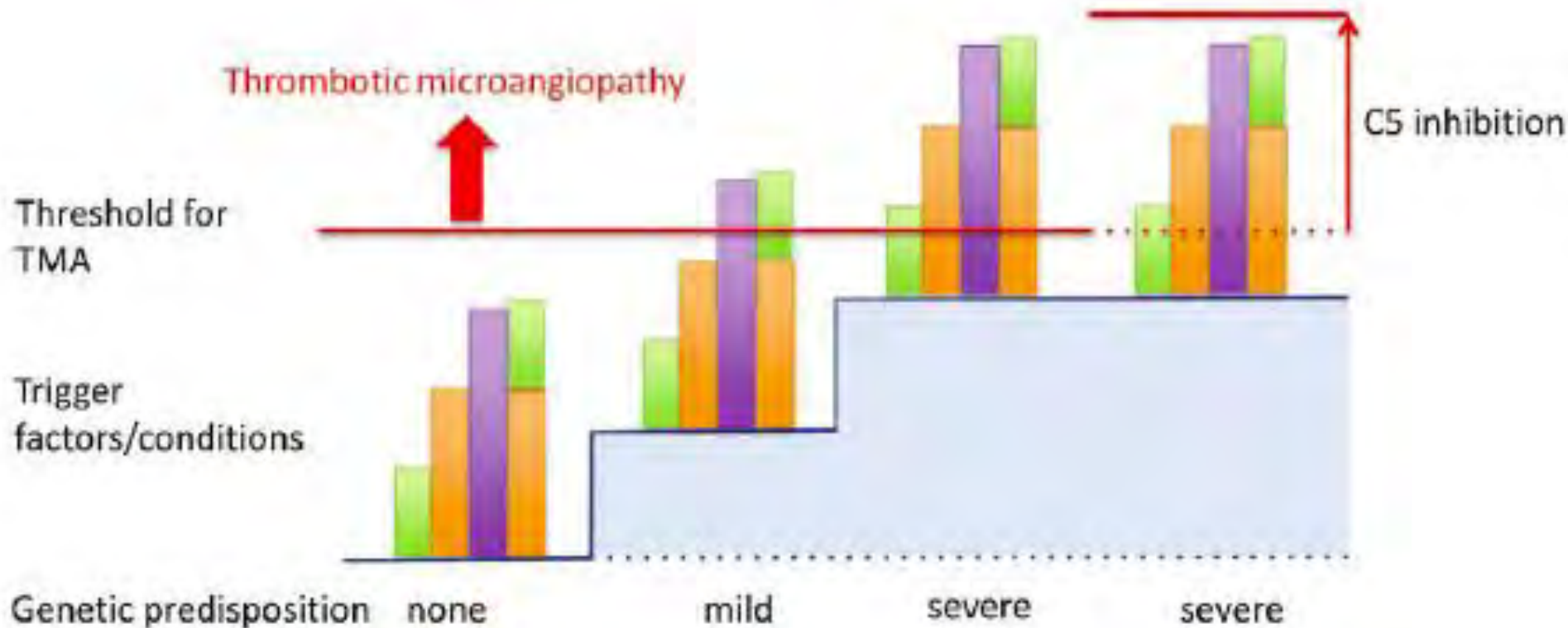
Shiga-toxin/EHEC positivity

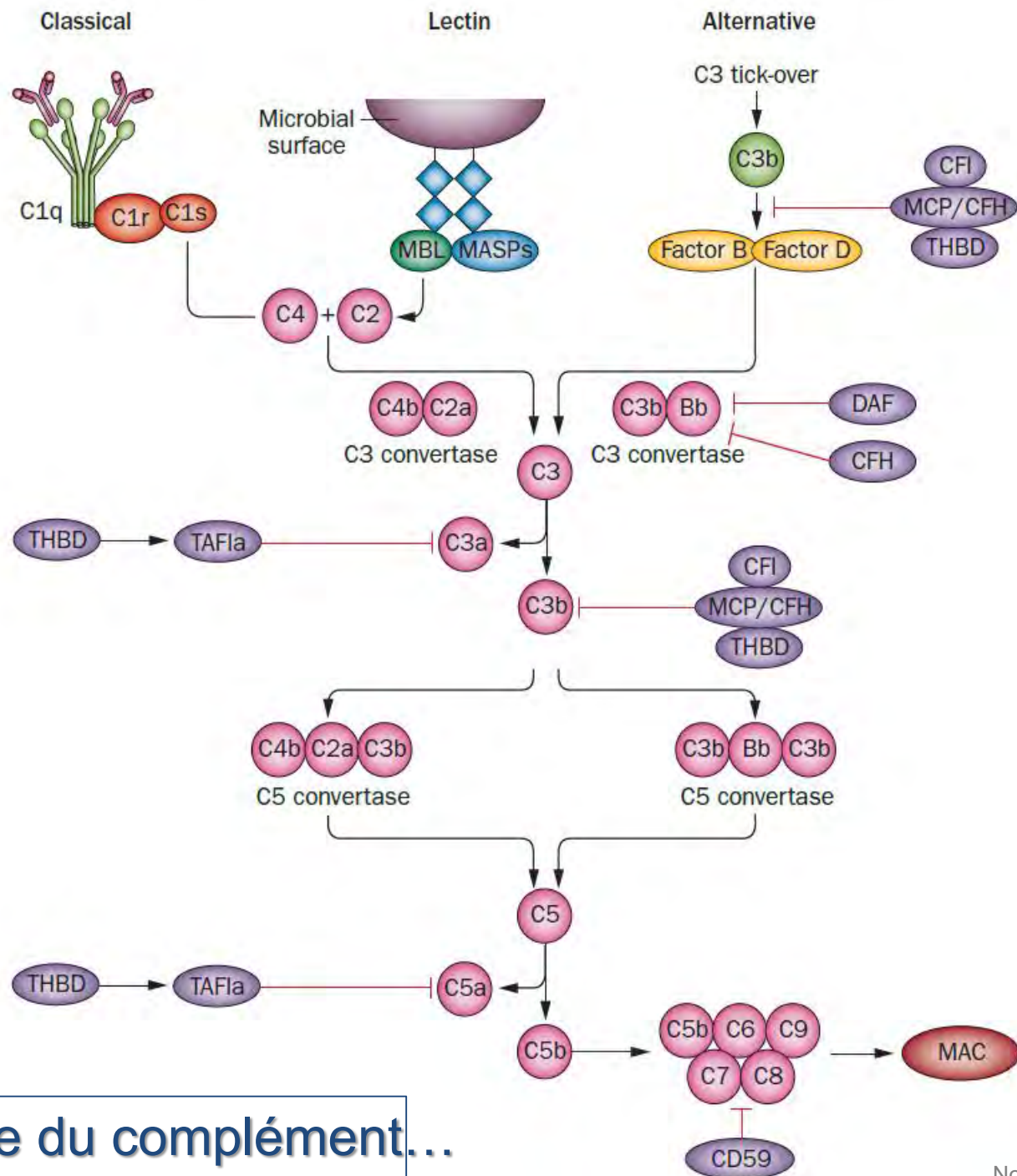
STEC-HUS

Family history of TMA and/or renal failure supports a diagnosis of aHUS or congenital TTP

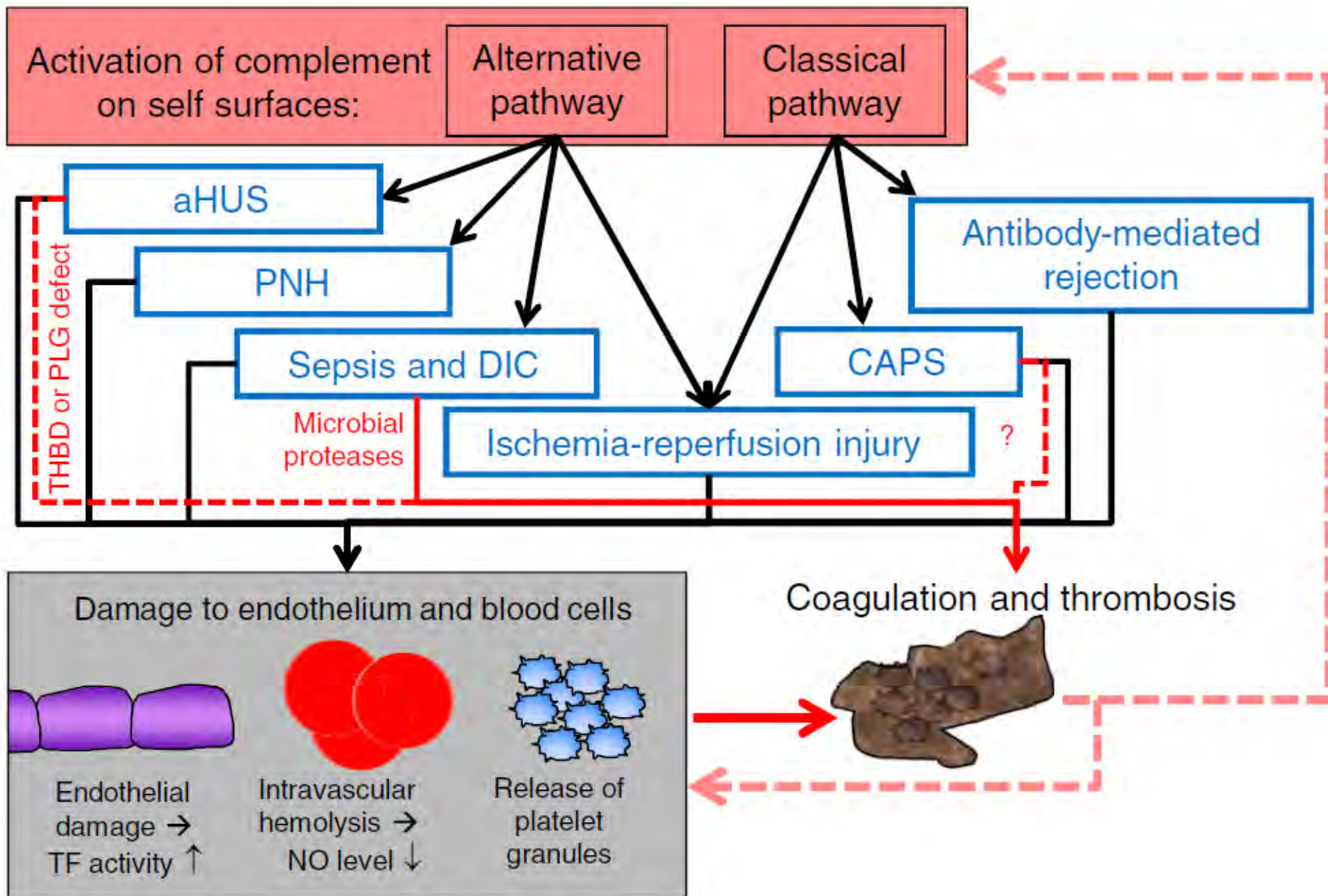
Identify TMA		
Test	Outcome in aHUS	In alternative diagnosis
Reticulocyte counts	Increased	
Free serum haemoglobin	Increased	
LDH	Increased	
Haptoglobin	Decreased	Often decreased in TMAs, normal in DIC and sepsis
Schistocytes	Present	Can be present in all TMAs
Platelet count	Decreased (most of the time)	Can be reduced in all TMAs
Haemoglobin	Decreased	Can be decreased in all TMAs
Serum creatinine	Increased (most of the time)	Can be increased in all TMAs
Haematuria and proteinuria	Present (most of the time)	Can be present in all TMAs
Kidney biopsy ^a	Often arteriolar and/or glomerular intracapillary thrombosis if kidney affected	
Additional tests to perform to advise on other possible causes of TMA		
Direct antiglobulin test (Coombs test)	Negative	Positive in autoimmune haemolytic anaemias, Evans syndrome and pneumococcal HUS
Fibrinogen	Normal	Reduced fibrinogen and elevated fibrinogen degradation products in DIC
aPTT, PT	Normal	Prolonged in DIC
Plasma coagulation tests	Normal	Reduced in DIC
D-dimer	Normal (can be elevated)	Elevated D-dimer in DIC or TMA
Liver enzyme levels	Normal (can be elevated if liver is involved)	Elevated in HELLP syndrome
Viral infections, including HIV, HBV, HCV, and H1N1	Can be a precipitant of aHUS	Known external precipitant of TMA
Pregnancy test (where appropriate)	Pregnancy-triggered TMA caused by aHUS usually presents in late pregnancy or post partum	Pregnancy-triggered TMA caused by TTP usually presents during pregnancy
Antibody testing, including antinuclear antibody, lupus anticoagulant, antiphospholipid antibodies	Negative	Positive in systemic diseases like SLE, CAPS; 30% of TTP have positive ANA
Rule out TTP and STEC-HUS		
STEC infection: faecal sample or rectal swab test for <i>E. coli</i> and/or PCR for Shiga toxin, and serology of LPS of common Shiga toxin-producing strains	Negative	Positive in STEC-HUS
ADAMTS13	> 10% activity	< 10% activity in TTP

Prédisposition et facteurs favorisants

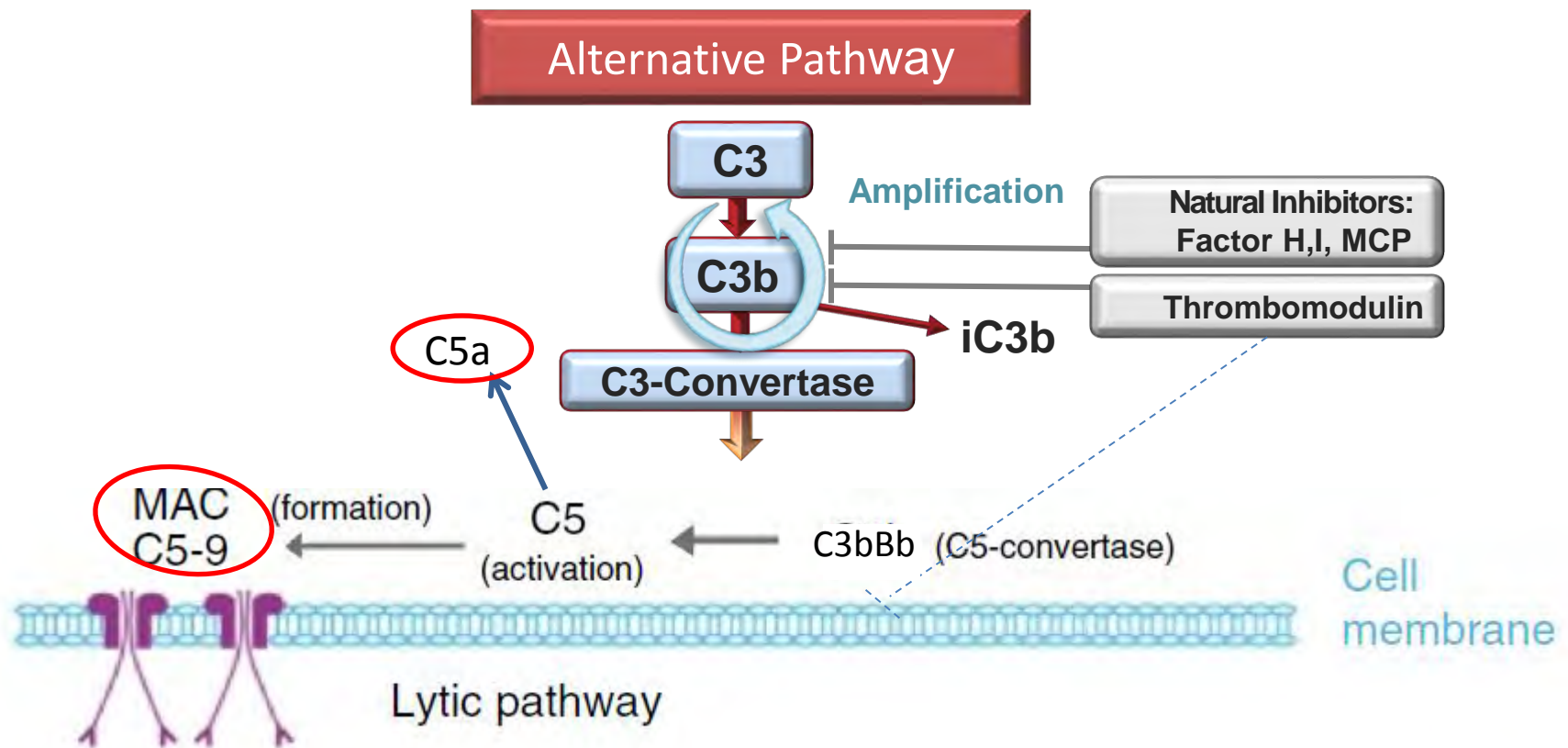


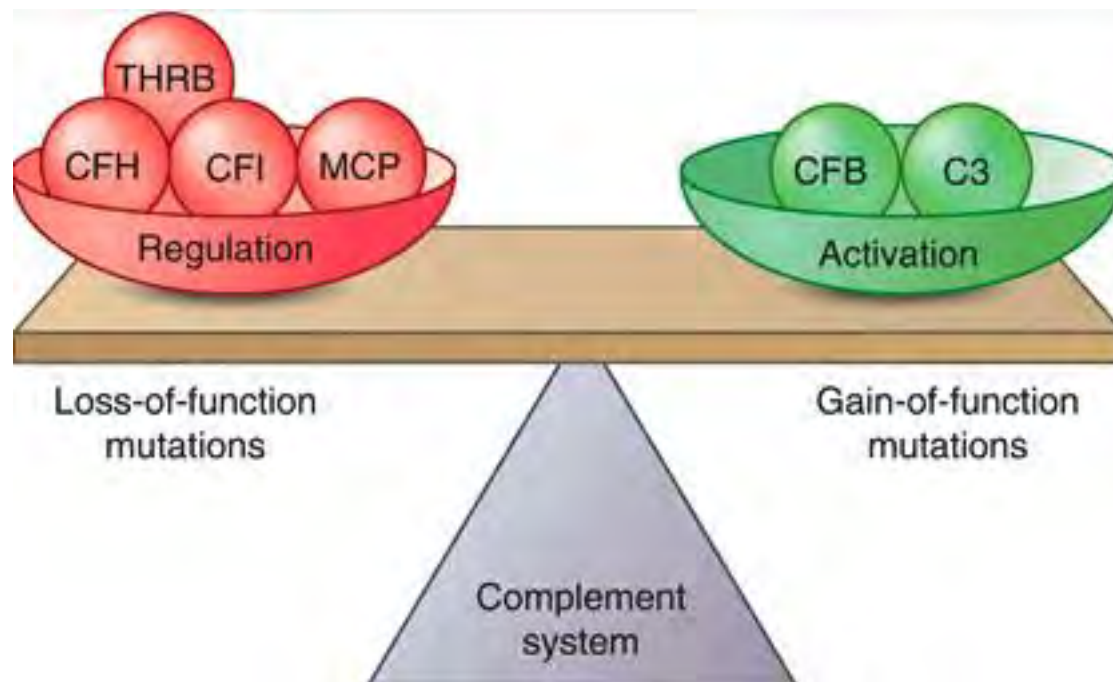


La cascade du complément...



aSHU: voie alterne du complément





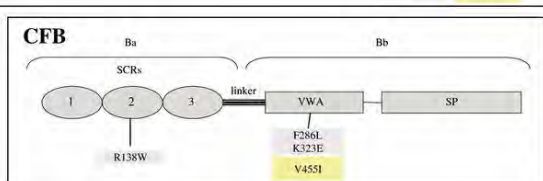
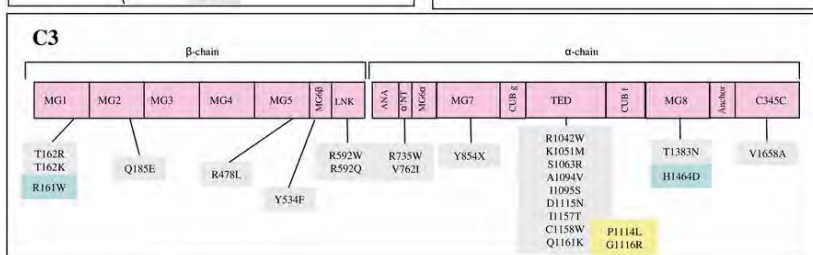
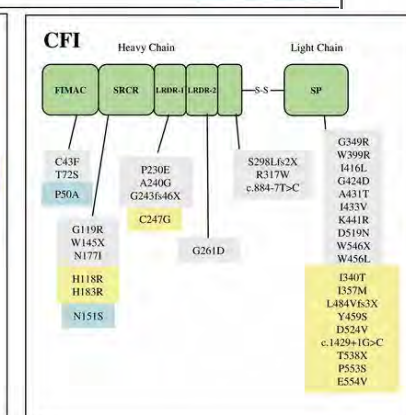
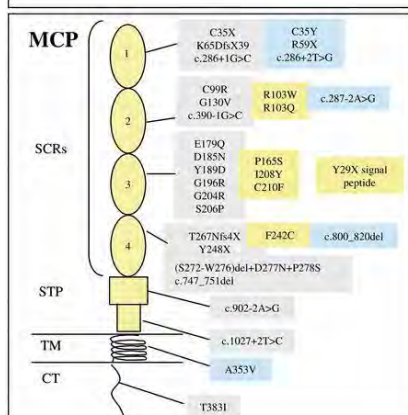
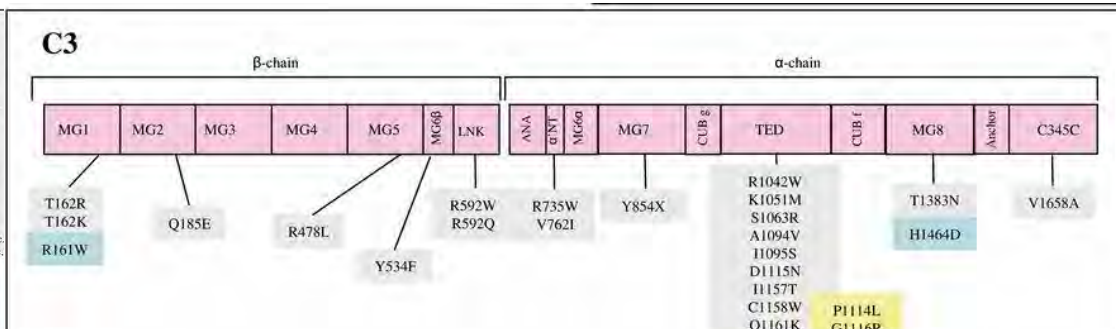
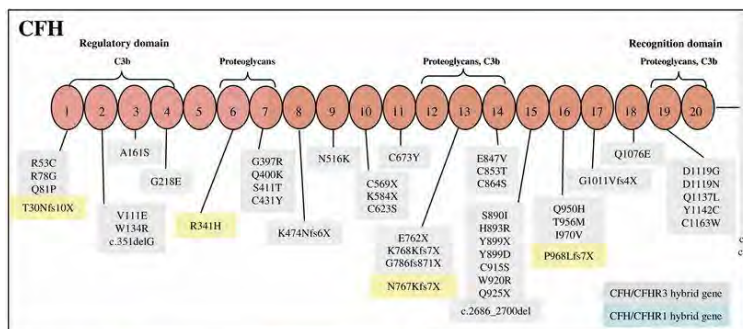
Dans aSHU: 50-70% dysregulation voie alterne du complément

Mutated gene/protein	Type	Frequency (%)*	Death or end-stage renal disease 3-10 y after onset (%)†
Factor H (including <i>CFH/CFHR1</i> hybrid genes)	Loss of complement regulation	24-28	70-80
<i>MCP</i> (CD46)	Loss of complement regulation	5-9‡	<20
Factor I	Loss of complement regulation	4-8	60-70
<i>C3</i>	Gain of complement activation	2-8	60-70
Factor B	Gain of complement activation	0-4	70
Thrombomodulin	Possibly loss of complement regulation and procoagulative state	0-5	50-60
<i>CFHR1/3</i> deficiency with anti-factor H autoantibodies	Loss of complement regulation	3-10§	30-70
Diacylglycerol kinase ϵ	Prothrombotic	0-3	46
None identified		30-48	50

Examen initial: complément et activité des facteurs

CH50 (%)	C3 (%)	C4 (%)	Interprétation	Examens complémentaires
Normal	Normal	Normal	Normal	Aucun
Augmenté	Augmenté	Augmenté	Syndrome inflammatoire	Aucun
Abaissé	Abaissé	Abaissé	Consommation par la voie classique \pm de la voie alterne, Insuffisance hépatocellulaire, Fuite protéique	FB
Abaissé	Abaissé	Normal	Consommation voie alterne	FB, FH, FI, CD46, anticorps anti-FH, C3Nef (GPC3)
Normal	Normal	Abaissé	Déficit en C1 Inh Déficit partiel en C4 Cryoglobulinémie	C1 inh Ag et fonction Phénotypage C4, Rech cryoglobuline,
Abaissé	Normal	Normal	Activation in vitro Déficit hétérozygote en C2	Contrôle avec respect du pré-analytique Etude génétique du gène de C2
Indosable	Normal	Normal	Déficit homozygote en une protéine de la voie classique et la voie terminale Traitement par anti-C5	Dosages antigéniques +/- fonctionnels

Recherche de mutations

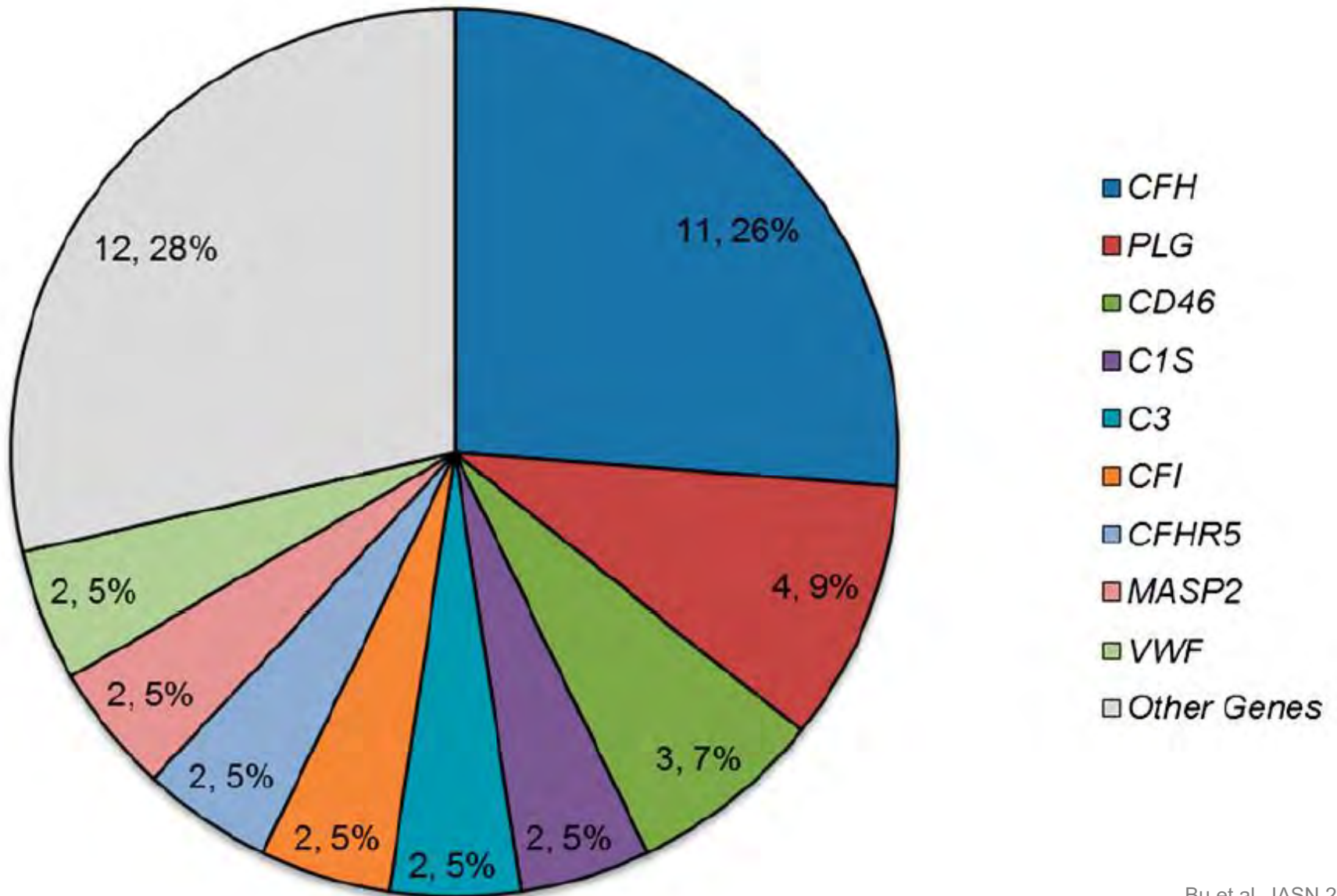


Localisation mutation CFH, MCP, CFI, C3 et CFB :

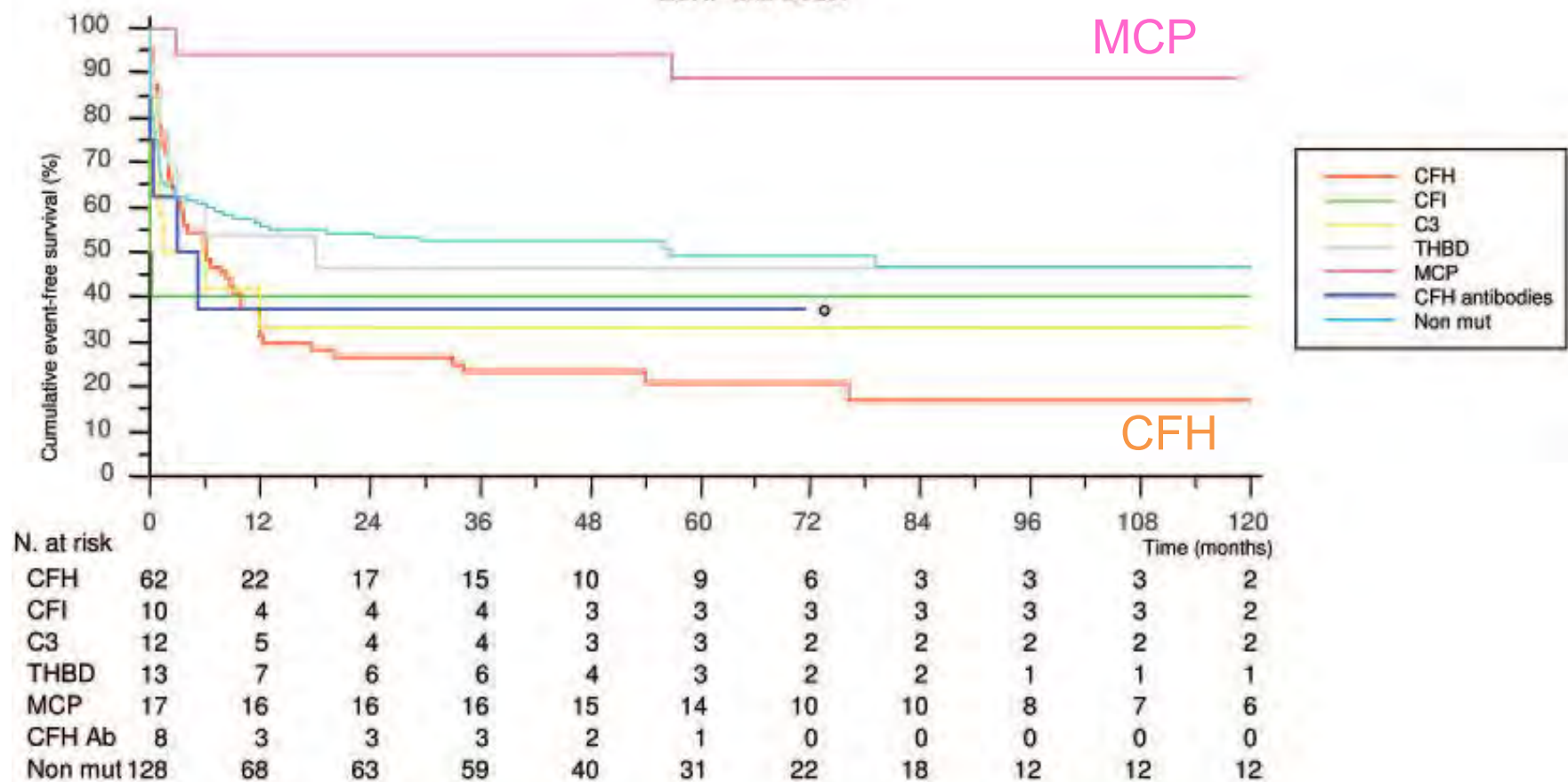
-27 patients ayant mutations combinées

- patients issus de 4 cohortes avec 1 seule mutation

Prévalence des mutations

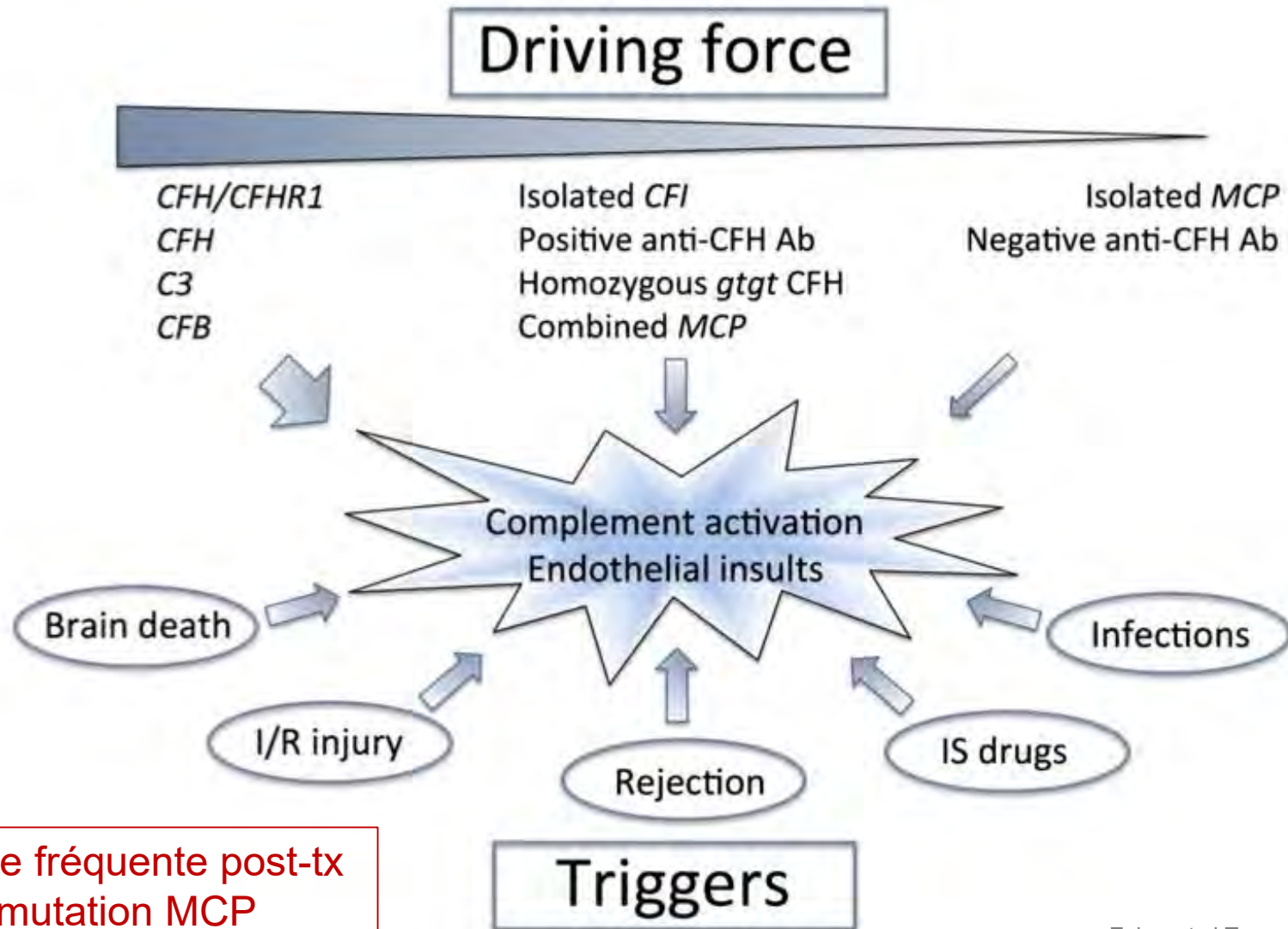


ESRF and Death



Comparison	HR	95% C.I.	P value
CFH vs MCP	13.55	3.29-57.79	<0.0001
CFH vs non mut	1.73	1.19-2.51	0.0032
CFI vs MCP	7.83	1.55-39.54	0.0028
C3 vs MCP	9.62	2.02-45.75	0.0006
THBD vs MCP	6.88	1.41-33.75	0.0066
CFH Ab vs MCP	8.49	1.61-44.69	0.0028
Non mut vs MCP	6.08	1.49-24.76	0.0037

Récidive post-transplantation rénale: Multi-hit paradigm



SHU atypique: Traitement

When must plasmapheresis be started?

- as soon as possible: within 24 hours after onset
- as soon as the patient's condition allows (blood pressure, volemia, hydroelectrolyte equilibrium, anemia corrected)

Which modality and which volume?

- PE: 1.5 plasma volume (60-75 ml/kg) with FFP for restitution
- if PE impossible, infuse FFP 10-20 ml/kg (if blood pressure and cardiac function are normal)

Which frequency during the first month?

- daily until stable normalization of platelets, cessation of hemolysis and improvement renal function over several days. Consider administration of eculizumab if normalisation of platelet count, cessation of hemolysis and decrease of creatinine is not achieved after 3 to 5 daily PE.
- if initial plasmapheresis effective, complete 5 sessions per week during 2 weeks, followed by
- 3 sessions per week during up to 2 weeks

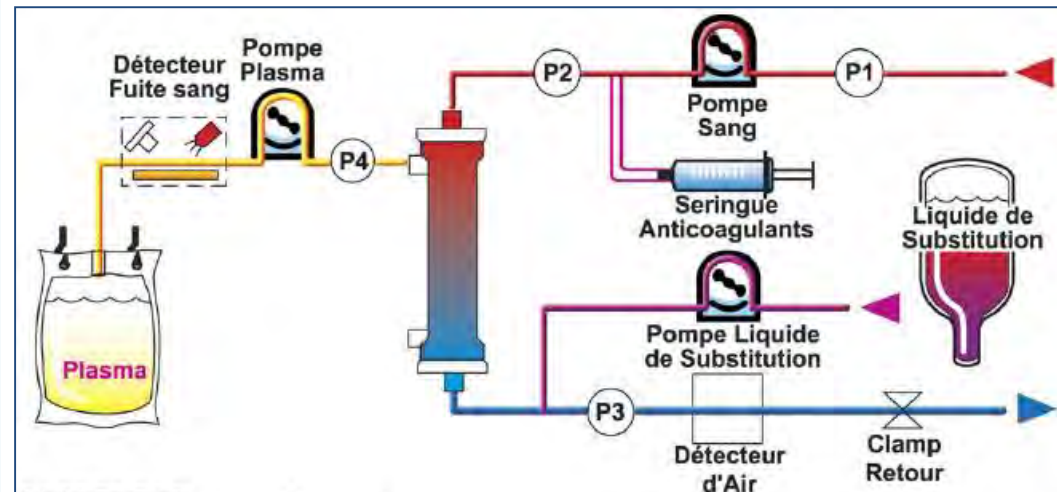
What are the situations which allow not to do PE or to stop early?

- MCP mutations (PE often performed during HUS episodes, with uncertain benefit, but not preventively)

Which frequency after the first month?

- empirical: determine the appropriate modality (PE or PI), threshold dose, interval between sessions and duration for each individual patient

✓ Plasmaphérèse:



Rationnel → enlève facteurs mutés
PFC apportent facteurs normaux

Pas d'étude clinique prospective
Ttt empirique

aSHU: Plasmaphérèse

	Remission	Renal recovery	Death or ESRD at 3 years
CFH	63%	5%	77%
CFI	25%	12%	60%
C3	57%	43%	67%
THBD	88%	62%	54%
CFH Ab	75%	---	63%
CD46	97%	---	6%

Registre international italien (n=273) de 1996-2007

Pex entraîne rémission 55-80% épisodes (= infusion plasma)

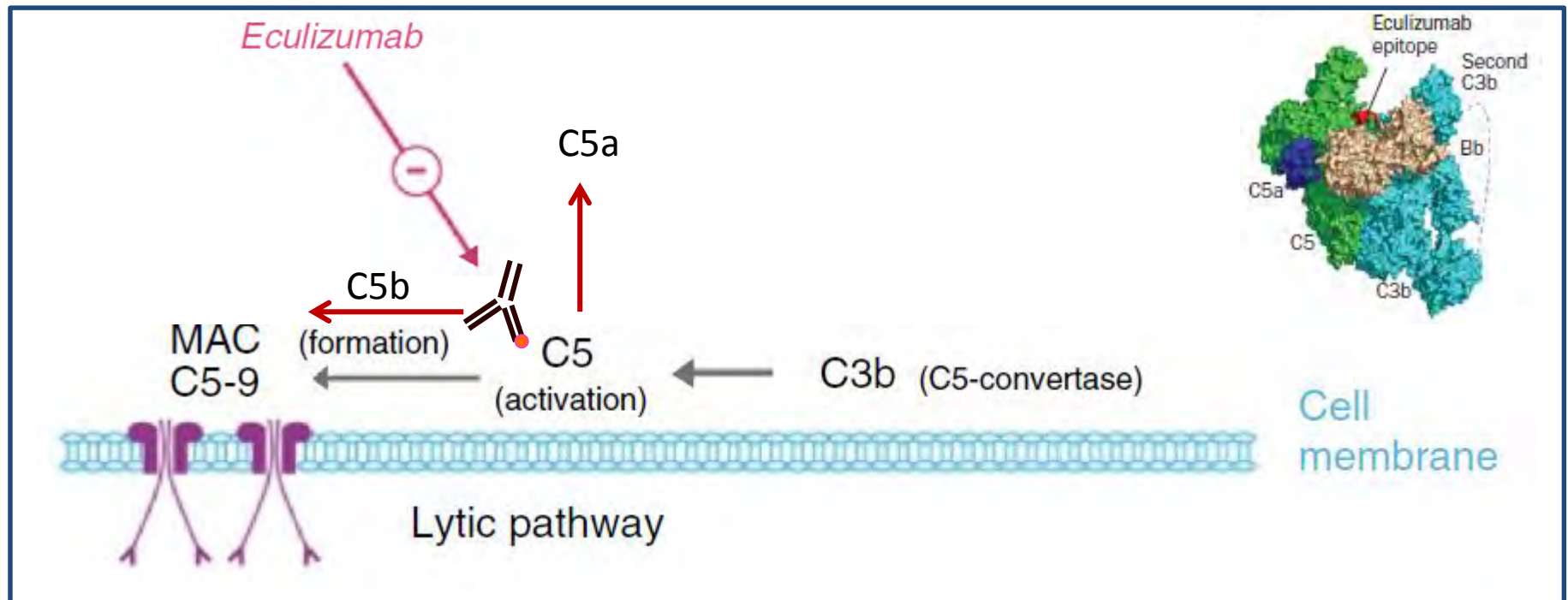
CFI – bon répondeur.

Problème: comment poursuivre sur long terme?

aSHU: Eculizumab

Ac monoclonal humain hybrid IgG2/IgG4

Lie C5 et entraine donc un déficit fonctionnel en $C5 \rightarrow C5b$ ↓





Eculizumab: pratique

Pediatric patients

- 5 kg to <10 kg: Induction with 300 mg weekly for one dose; maintenance 300 mg at week 2, then 300 mg every 3 weeks
- 10 kg to <20 kg: Induction with 600 mg weekly for one dose; maintenance 300 mg at week 2, then 300 mg every 2 weeks
- 20 kg to <30 kg: Induction with 600 mg weekly for two doses; maintenance 600 mg at week 3, then 600 mg every 2 weeks
- 30 kg to <40 kg: Induction with 600 mg weekly for two doses; maintenance: 900 mg at week 3, then 900 mg every 2 weeks
- ≥ 40 kg: Induction with 900 mg weekly for four doses; maintenance 1200 mg at week 5, then 1200 mg every 2 weeks

Adult patients

- Induction with 900 mg weekly for four doses; maintenance 1200 mg at week 5, then 1200 mg every 2 weeks

Risque de N Meningitidis

→ vaccination en prophylaxie ou ttt

Eculizumab: Practical Considerations

Before administration

Meningococcal vaccination mandatory
Tetravalent ACWY conjugated vaccine +
multicomponent serogroup B vaccine

Prophylaxis

Long-term antibiotic prophylaxis recommended

Administration

Intravenous infusion
Maintenance therapy is administered every 14 d

Monitoring

CH50 and AH50 <10%
Eculizumab trough level 100 $\mu\text{g/ml}$
Hematologic indicators of TMA

Patient education

Vigilance regarding meningococcal infection

Counseling family members

Genetic screening

When to stop?

Continue during intercurrent illness, unless infection
with encapsulated organism, due to high risk of
TMA relapse in this context

Withdrawal

Systematic investigation in clinical trials is being
undertaken
May be appropriate in some patients^a, with
monitoring; liaison with specialist center

- Depuis 2009:
 - Utilisé off-label dans aSHU
 - Reins natifs et transplantation
 - Adultes and enfants
- En 2011:
 - Approbation de la FDA and European regulatory agencies en 1^{ère} ligne pour aSHU

Pas d'ajustement de dose selon fonction rénale ou hépatique

Ajustement dose selon poids (< 40kg)

Induction 1-4 doses, puis thérapie de maintenance /2sem

Study C08-003
Adult/adolescent
(N=20)

Legendre et al. NEJM 2013

Study C08-002
Adult/adolescent
(N=17)

Licht et al. KI 2015

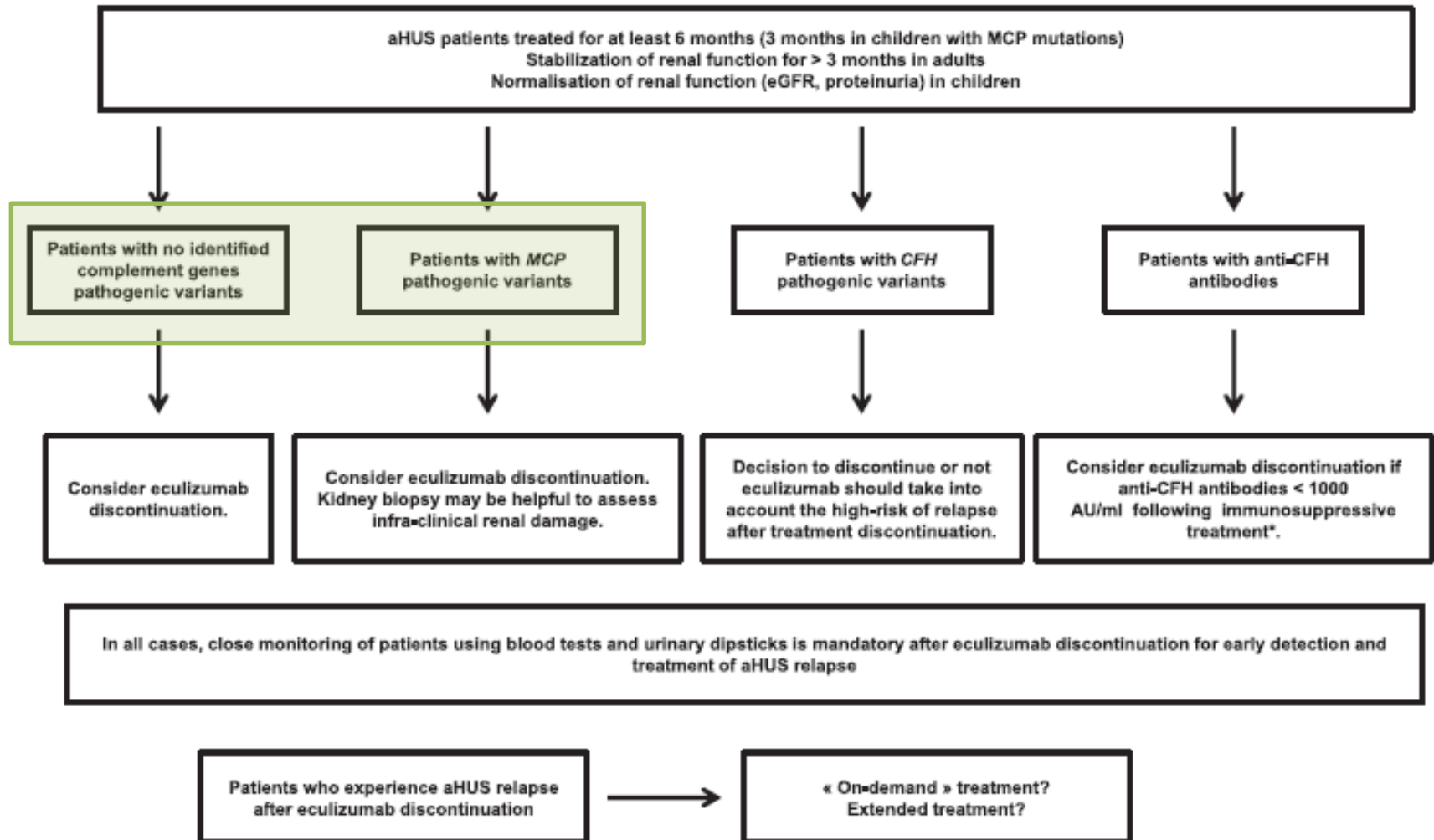
Study C10-003
Paediatrics
(N=22)

Greenbaum et al. KI2016

Study C10-004
Adults
(N=41)

Fakhouri et al. AJKD 2016

Eculizumab jusqu'à quand?



Eculizumab : monitoring?

CH50 (Total complement activity)

Description

- Measures the combined activity of all of the complement pathways
- Tests the functional capability of serum complement components to lyse 50% of sheep erythrocytes in a reaction mixture
- Will be low in congenital complement deficiency (C1-8) or during complement blockade
- Normal range is assay dependent

Recommended goal during therapeutic complement blockade

- <10% of normal

AH50 (Alternative pathway hemolytic activity)

Description

- Measures the combined activity of the alternative and terminal complement pathways
- Tests the functional capability of alternate or terminal pathway complement components to lyse 50% of rabbit erythrocytes in a Mg^{2+} -EGTA buffer
- Will be low in congenital C3, FI, FB, properdin, FH, and FD deficiencies or during terminal complement blockade
- Normal range is assay dependent

Recommended goal during therapeutic complement blockade

- <10% of normal

Eculizumab trough

Description

- May be a free or bound level
- ELISA-based assay using C5 coated plates, patient sera, and an anti-human IgG detection system
- Not affected by complement deficiencies

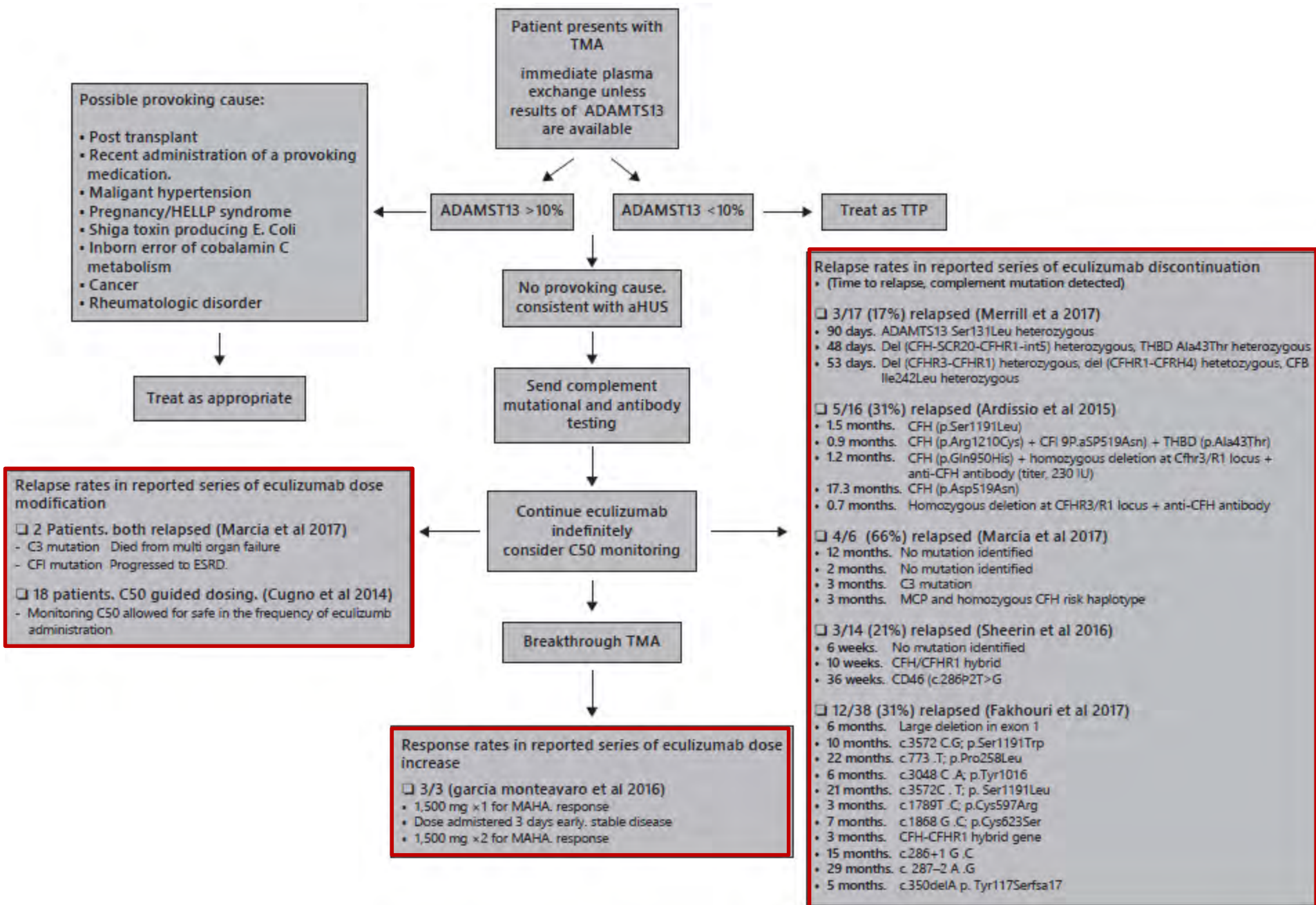
Recommended trough level during therapeutic complement blockade

- 50-100 µg/ml

Alternative assays

The following assays are under investigation (or awaiting to be replicated in different laboratories)⁶² as a means to monitor therapeutic complement blockade

- Free C5
- *In vitro* human microvascular endothelial cell test⁶²
- sC5b-9 (also referred to as sMAC and TCC) may remain detectable in aHUS patients in remission and therefore is not recommended as a monitoring tool



EN RESUME...

Identifier la cause (PTT, ST-SHU, aSHU, SHU secondaire)

✓ Eviction médicaments, ttt cancer, ttt infection

✓ Plasmaphérèse avec PFC EN URGENCE

Indiquée dans PTT

SHU atypique

Non indiquées dans causes secondaires (cancer, médicament)

Controversée dans St-SHU

! Etude ADAMTS13 + activité complément + facteurs avant de débiter PEx. Après seule étude génétique possible.

✓ Eculizumab à considérer dans SHU atypique

Stratégie pour transplantation rénale...

Low risk of aHUS recurrence after KT

- Isolated mutations in *MCP*
- *DGKE* mutation
- Undetectable-FH antibodies

Cadaver donor
With unrelated
live donor

Related live
donor

The mutation indisputably
associated with the pathogenesis
of an aHUS in the receptor
not found in the donor

Yes

No

KT with no prophylaxis

Unable to perform
KT with related
living donor

Moderate-high risk of aHUS recurrence after KT

- Mutations in *CFH*, *CFI* C3, *CFB*
- *CFH/CFHR1* Hybrid gene Combined mutations
- Mutation unidentified / with unknown effect
- Persistence of anti-FH antibodies
- Previous recurrence of aHUS (in an affected individual or family)
- With no mutation but with *CFH* polymorphisms

Cadaver donor
With unrelated
live donor.^b

Related live
donor

The mutation indisputably associated
with the pathogenesis of an aHUS in
the receptor not found in the donor
Eculizumab is available

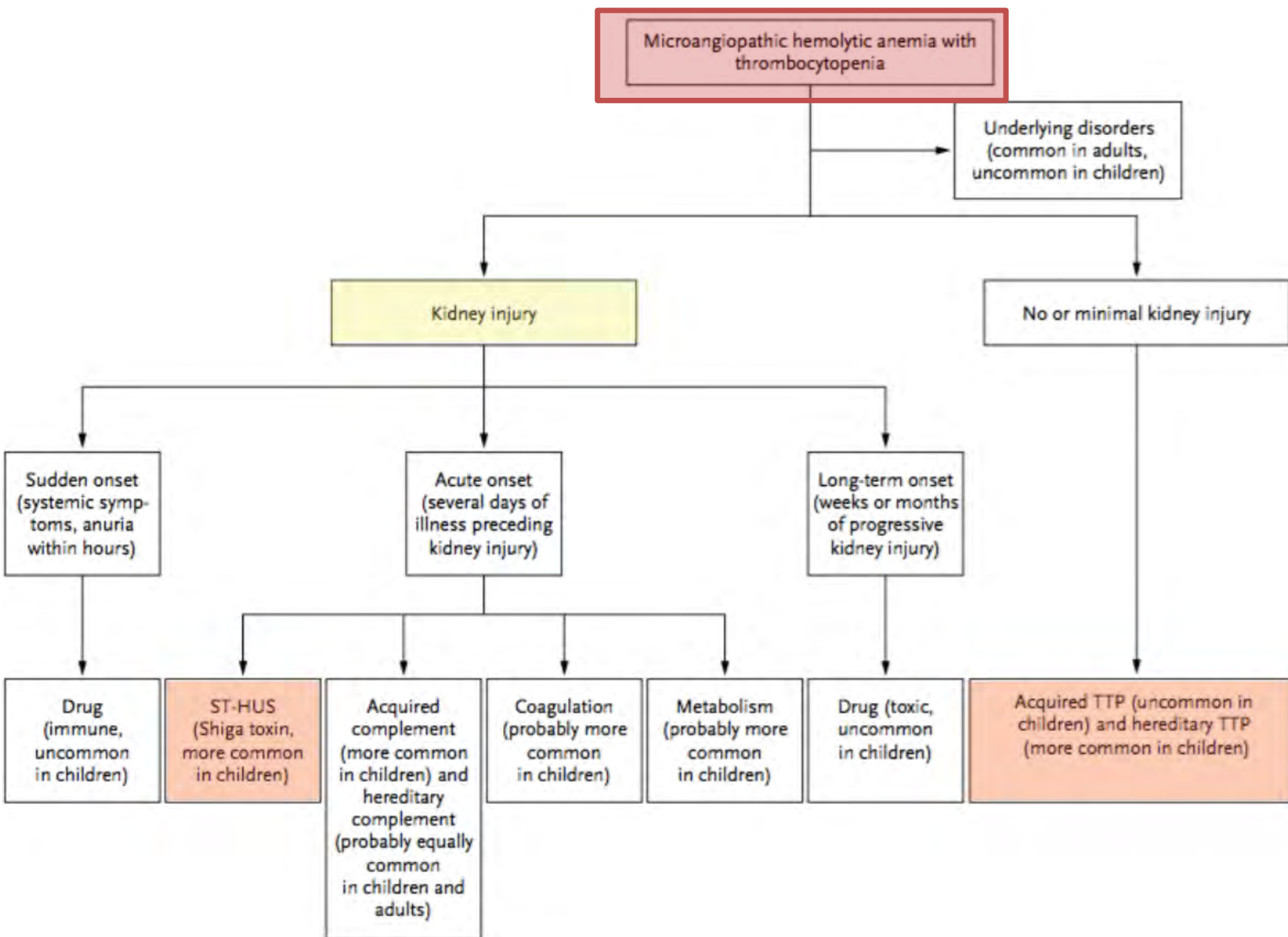
Yes

No

KT with eculizumab prophylaxis
as first option

Unable to perform
KT with related
live donor

[illegible]



Héréditaire...

Name	Cause	Clinical Features	Initial Management
Hereditary disorders			
ADAMTS13 deficiency–mediated TMA (also called TTP)	Homozygous or compound heterozygous <i>ADAMTS13</i> mutations	Initial presentation is typically in children but may also be in adults; possible evidence of ischemic organ injury; acute kidney injury is uncommon; patients with heterozygous mutations are asymptomatic.	Plasma infusion
Complement-mediated TMA	Mutations in <i>CFH</i> , <i>CFI</i> , <i>CFB</i> , <i>C3</i> , <i>CD46</i> , and other complement genes causing uncontrolled activation of the alternative pathway of complement	Initial presentation is often in children but may also be in adults; acute kidney injury is common; patients with heterozygous mutations may be symptomatic.	Plasma infusion or exchange, anti-complement agent
Metabolism-mediated TMA	Homozygous mutations in <i>MMACHC</i> (encoding methylmalonic aciduria and homocystinuria type C protein)	Initial presentation is typically in children <1 year of age; also reported in one young adult with hypertension and acute kidney injury.	Vitamin B ₁₂ , betaine, folinic acid
Coagulation-mediated TMA	Homozygous mutations in <i>DGKE</i> ; mutations in <i>PLG</i> and <i>THBD</i> also implicated	Initial presentation with acute kidney injury is typically in children <1 year of age with <i>DGKE</i> mutations; clinical features of disorders associated with other mutations have not been described.	Plasma infusion

Acquis...

Acquired disorders

ADAMTS13 deficiency–mediated TMA (also called TTP)	Autoantibody inhibition of ADAMTS13 activity	Initial presentation is uncommon in children; often presents with evidence of ischemic organ injury; acute kidney injury is uncommon.	Plasma exchange, immunosuppression
Shiga toxin–mediated TMA (also called ST-HUS)	Enteric infection with a Shiga toxin–secreting strain of <i>Escherichia coli</i> or <i>Shigella dysenteriae</i>	Initial presentation is more common in young children, typically with acute kidney injury; most cases are sporadic; large outbreaks also occur.	Supportive care
Drug-mediated TMA (immune reaction)	Quinine and possibly other drugs, with multiple cells affected by drug-dependent antibodies	Initial presentation is a sudden onset of severe systemic symptoms with anuric acute kidney injury.	Removal of drug, supportive care
Drug-mediated TMA (toxic dose–related reaction)	Multiple potential mechanisms (e.g., VEGF inhibition)	Gradual onset of renal failure occurs over weeks or months.	Removal of drug, supportive care
Complement-mediated TMA	Antibody inhibition of complement factor H activity	Initial presentation is acute kidney injury in children or adults.	Plasma exchange, immunosuppression, anticomplement agent

	Children			Adults				
	Pre-eculizumab era		Eculizumab	Pre-eculizumab era		Eculizumab		
	French cohort ² (n=89)	Italian cohort ³ (n=149)	Trial 3 ^{139,140} (n=22)	French Cohort ² (n=89)	Italian cohort ³ (n=149)	Trial 1 ^{140,142} (n=17)	Trial 2 ^{142,143} (n=20)	Trial 4 ^{141,144} (n=41)
First episode	16%	–	–	46%	–	–	–	–
6-month follow-up	–	–	9%	–	–	6%	10%	15%
1-year follow-up	29%	–	9%	56%	–	6%	10%	15%
2-year follow-up	–	–	–	–	–	12%	10%	–
3-year follow-up	–	48%	–	–	67%	–	–	–
5-year follow-up	36%	–	–	64%	–	–	–	–

For a detailed table legend see the appendix (pp 27,28). HUS= haemolytic uraemic syndrome.

Table 2: Percentage of patients with atypical HUS who progressed to end-stage renal disease or who died in four prospective trials of eculizumab compared with the Italian and French registries of the pre-eculizumab era